

# WINTER 2024 ACTIVITY GUIDE

*New  
WebReg  
now available!*

**[Burnaby.ca/Active](https://Burnaby.ca/Active)**



# BURNABY PARKS, RECREATION & CULTURE

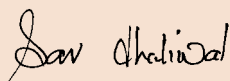
## WELCOME

Brighten up the grey winter days with fun-filled activities and create memories in your community. Our Winter Activity Guide offers a variety of activities for all ages. The City of Burnaby proudly provides options for every interest level, from one-day events to seasonal activities. Here's your chance to learn new skills, explore arts and heritage activities, support your health and fitness goals and meet community.

This winter season, be sure to visit the newest addition to the new Burnaby Art Gallery, the Barn Studio. The anticipation of the opening of Rosemary Brown in South Burnaby is a vital addition for the growing neighbourhood. This facility will include two NHL-sized rinks, a skate shop, an inviting outdoor rooftop patio and much more. It even has a warm-side arena viewing area for spectators to keep toasty while watching the action on the ice!

Construction is starting in 2024 on a new Cameron Recreation Centre designed to better meet the needs of northeast Burnaby's growing and changing population. While construction is underway, the Temporary Cameron Community Centre and Library will open in The City of Lougheed Shopping Centre. Additionally, the Confederation Seniors' Centre is closing and will be temporarily relocating to Christine Sinclair, starting in spring 2024.

Get ready for a winter full of exciting activities and new experiences in Burnaby!



Councillor Sav Dhaliwal  
Chair, Burnaby Parks, Recreation and Culture Commission

### *Parks, Recreation and Culture Commission Meeting*

December 5, 2023 | City Hall Council Chambers

For more information, please call Legislative Services at 604-294-7290.

## PARKS RECREATION AND CULTURE COMMITTEE

The City of Burnaby is announcing a new advisory body that will provide advice and make recommendations to Council on matters related to parks, recreation and culture services, programs and facilities in Burnaby. The new Parks, Recreation and Culture Committee will replace the Parks, Recreation and Culture Commission. This change will take effect starting in the new year.

The key functions of the Parks, Recreation and Culture committee will be:

- » to provide feedback on major parks, recreation and culture projects and initiatives as they are developed;
- » to provide a function of public engagement and feedback to general parks, recreation and culture operations;
- » to receive staff presentations and reports for information and feedback;
- » to receive reports and referrals from Council where additional information is sought;
- » to maintain contact with community groups and individuals and to ensure that community needs are reflected in parks, recreation and culture policy decisions; and
- » to consider and approve requests to appear as delegation.

The City of Burnaby would like thank all of the members of the Parks, Recreation and Culture Commission for their service and commitment to creating a community that we all want to live in and be in.

For more information, please contact Legislative Services at 604-294-7290 or [legislativeservices@burnaby.ca](mailto:legislativeservices@burnaby.ca)



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# REGISTRATION INFORMATION

*Winter Registration* A line-up numbering system in select facilities will start at 9 am, 1 hour before registration begins.

Registration start time 10 am	Priority registration for Burnaby residents				General registration for everyone	
Start creating your Wish List today! <a href="http://Burnaby.ca/WebReg">Burnaby.ca/WebReg</a>	Monday, December 4	Tuesday, December 5	Wednesday, December 13	Thursday, December 14	Friday, December 8	Monday, December 18
	Recreation Activities (excluding swimming and skating lessons)	Arts & Heritage Activities	Swimming Lessons	Skating Lessons	Recreation, Arts & Heritage Activities (excluding swimming and skating lessons)	Swimming and Skating Lessons

**Reminder:** Swim lesson participants can only register in one lesson set at a time. You may register your child for the next lesson set only after the completion of the lesson set they are currently registered in. Your child may be withdrawn from a swimming lesson set if registered in more than one lesson set per season.

## HOW TO REGISTER

**Online at [Burnaby.ca/WebReg](http://Burnaby.ca/WebReg) or call or visit a facility.**

The Burnaby Activity Guide is an easy reference for Burnaby's activities offerings. Use the barcodes in this guide to find activities in WebReg (our online registration system).

In July, we introduced a new online registration system, WebReg. This improved system makes it easier to view, find and register for activities to participate in and stay active and creative.

The easiest way to register is online at [Burnaby.ca/WebReg](http://Burnaby.ca/WebReg). If you're using the online version of this guide, click on the activity to view a full description on WebReg.

**Re-activate or sign up for an online account in advance of registration:**

[Burnaby.ca/WebReg](http://Burnaby.ca/WebReg)

**For more information on how to use WebReg, cancellations and refunds:**

[Burnaby.ca/HowToRegister](http://Burnaby.ca/HowToRegister)

**For information on financial assistance:**

[Burnaby.ca/RecreationCredit](http://Burnaby.ca/RecreationCredit)

**Your personal information:**

The personal information you provide during the registration process is collected and used under the authority of the Freedom of Information and Protection of Privacy Act s. 26(c) for the purpose of administering parks, recreation and culture activities, informing you of our services and benefits and for statistical purposes. If you have questions about the collection, use or disclosure of your personal information, please contact the admin office at 604-294-7450.

## NEW! REFUND PROCEDURES

These changes include the introduction of a refund fee (10% of the original price), no refunds after the third class in a registered activity, and annual passes and select memberships are no longer refundable.

Some exceptions may apply.

Learn more: [Burnaby.ca/Refunds](http://Burnaby.ca/Refunds)

# FIND OUT MORE



Photo by Tonya Ng

## NEW! Refund procedure

With new WebReg, there have been changes to the refund procedures.

A new refund procedure is in effect for registered activities. All drop-in activities and memberships purchased before July 18, 2023 are subject to the previous refund procedure.

You'll receive a full refund if the activity is cancelled or if you request a refund at least 7 days before the start of the activity. If your request comes less than 7 days before the activity starts, there is a 10% refund fee on the original price you paid.

After the activity has started, refunds are pro-rated accordingly to the number of sessions remaining and a 10% refund fee will be applied. No refunds will be granted after the third session has ended.

Note: There may be exceptions. Please check your receipt. Learn more: [Burnaby.ca/Refunds](https://Burnaby.ca/Refunds)

Contact any recreation, arts or culture facility to request a refund.



## Stay in the know

Be the first to find out about programs and activities at our recreation facilities. Sign up for eNews at [Burnaby.ca/eNews](https://Burnaby.ca/eNews), or follow us on:

- [recreationburnaby](https://www.facebook.com/recreationburnaby)
- [@burnabyparksrec](https://twitter.com/burnabyparksrec)
- [burnabyrecreation](https://www.instagram.com/burnabyrecreation)



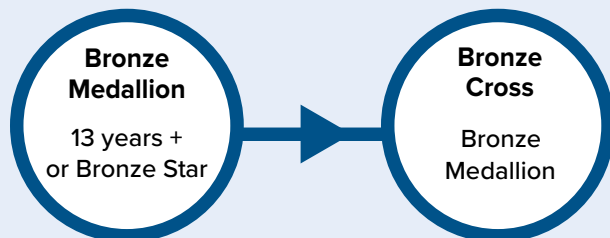
## Venue rentals

Planning a special event or celebration? Find out more about renting our wide variety of recreation and outdoor spaces at [Burnaby.ca/Rentals](https://Burnaby.ca/Rentals)

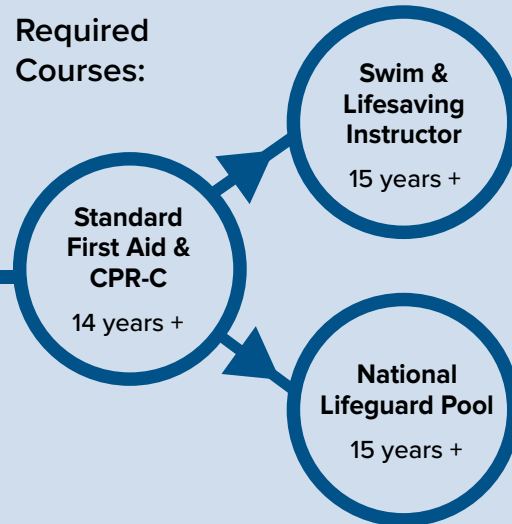
## Dive in – Become a lifeguard

Do you enjoy working with people, being a role model and having fun in the water? Get certified to become a lifeguard and swim instructor with us! Well-trained lifeguards and swim instructors are in high demand.

### Prerequisite:



### Required Courses:



Learn more:  
[Burnaby.ca/Lifeguard](https://Burnaby.ca/Lifeguard)



# Happy Holidays

from the City of Burnaby

## Burnaby Village Museum

### Heritage Christmas

presented by **CONCORD PACIFIC**

Come experience Heritage Christmas presented by Concord Pacific at Burnaby Village Museum. Enjoy the special atmosphere of festive lights and the traditional decorations. Wander the museum's 10 acre venue and take in all the seasonal entertainment, demonstrations and activities.

Enjoy a meal or treat at the new Mai's Cafe, formerly the Ice Cream Parlour, or other offerings from food trucks.

**Gate admission is FREE. Carousel rides are \$2.52 or a Baker's Dozen (13 rides) for \$30.24. Prices do not include tax.**

6501 Deer Lake Ave | 604-297-4565  
BurnabyVillageMuseum.ca

#### Hours

**Nov 25-Dec 17, 2023**  
Monday-Friday 1-5:30 pm  
(\*Dec 4, 1-4 pm)  
Saturday-Sunday, 1-9 pm

**Dec 18, 2023-Jan 5, 2024**  
Daily, 1-9 pm  
(closed Dec 24 & 25)

#### Bright in Burnaby

**Saturday, December 2, 2023**  
5-9 pm

Special tree lighting ceremony at 6 pm to officially launch Heritage Christmas. Proceeds during Bright in Burnaby night from the carousel rides will go to the Burnaby Christmas Bureau with Concord Pacific matching the donations.



## Holiday Light Display

Enjoy Burnaby's bright lights this holiday season! From Burnaby's parks and public spaces to your own front yard... the city is sure to be decked out in a joyous celebration of light, colour and festive spirit for the holidays.

Starting late November, visit [Burnaby.ca/HolidayLights](http://Burnaby.ca/HolidayLights) for a complete map and details of the City's light displays!



## Edmonds Festival of Lights

**Saturday, November 25**  
2:30-5:30 pm

Visit with Santa and enjoy festive music, hot chocolate and holiday crafts with your family. One lucky child will help the Mayor light up the huge tree.

**Edmonds Community Centre**  
7433 Edmonds Street



Visit [Burnaby.ca/HolidayFun](http://Burnaby.ca/HolidayFun) for more details on events and activities happening this holiday season.

Check us out on social:  
f X @ [cityofburnaby](https://www.cityofburnaby.ca)



# BE ACTIVE PASS

Prices do not include tax.



For up to date facility hours and addresses, visit [Burnaby.ca/Centres](http://Burnaby.ca/Centres)

## Be active with just one card! [Burnaby.ca/BeActivePass](http://Burnaby.ca/BeActivePass)

As part of our new WebReg online activity registration system, we are excited to introduce additional features to our Be Active Pass with new age categories, payment options, and access to more activities with just one card.

» Now more drop-in activities to participate in: public skating, toonie skate, family skate, parent and tot skate\*, family hockey, public indoor/outdoor swims, loonie swim, family swim, Aquafit, steam room, saunas and whirlpool, weight room, group fitness, yoga, pilates, indoor cycling, gym sports, squash/racquetball, and table tennis.

» Stay active all year long! Monthly payments are now available with our annual pass.

\*skate rental included

### With your Be Active Pass, enjoy unlimited access to:

- » Zumba®, group fitness, drop-in gym sports, yoga and pilates classes
- » Weights and cardio equipment
- » Aquafit classes at indoor pools
- » Indoor cycling classes
- » Public swim, loonie swim, family swim at indoor and outdoor pools (access to the outdoor pools is year round with the Be Active pass.)
- » Steam rooms, saunas and whirlpools
- » Public, toonie, hockey and family skating
- » Access to squash, racquetball and table tennis

Purchase your adult **Be Active Pass** membership online at [Burnaby.ca/WebReg](http://Burnaby.ca/WebReg)

### Be Active Pass

	Annual	Annual (monthly payment)	1 Month	10 Visit	Day pass
<b>Senior</b> (65 yrs+)	\$315.36	\$26.28	\$44.70	\$44.70	\$4.97
<b>Adult</b> (26-64 yrs)	\$421.92	\$35.16	\$59.60	\$59.60	\$6.62
<b>Youth</b> (15-25 yrs)	\$315.36	\$26.28	\$44.70	\$44.70	\$4.97
<b>Child</b> (5-14 yrs)	\$210.24	\$17.52	\$29.70	\$29.70	\$3.30
<b>Tot</b> (0-4 yrs)	No fee	No fee	No fee	No fee	No fee

### Weight training 14 years & up

Use your **Be Active Pass** and enjoy unlimited access to our weight rooms and more.

For a listing of equipment at each facility and hours, visit [Burnaby.ca/Weights](http://Burnaby.ca/Weights)

**Need an orientation?** Weight room supervisors provide a general overview of how to use the equipment, weight room etiquette and answer your health-related questions. Call to book an appointment at the weight room of your choice. [Burnaby.ca/Centres](http://Burnaby.ca/Centres)



## WHAT'S NEW

# New! Online activity registration system

Re-activate your account and explore activities.

**Note:** With our new WebReg system, the City will be sending email communications from [CityofBurnaby@active.com](mailto:CityofBurnaby@active.com)

**Spend less  
time online  
and more time  
being creative.**



Learn more: [Burnaby.ca/WebReg](https://Burnaby.ca/WebReg)



# HARMONY FOR ALL

Getting instruments into the hands of our community

## INSTRUMENT LENDING PROGRAM

The Harmony for All instrument lending program makes it possible for you to borrow an instrument for free!

Choose from many different instruments including acoustic and electric guitars and basses, drum kits, saxophones, clarinets, flutes, trumpets, trombones, violins and accordions.

## MUSIC EDUCATION GRANTS

The scholarship supports Burnaby residents aged 0-25 experiencing financial barriers to participation. This funding is for City of Burnaby Recreation Credit clients.

Successful applicants will be able to take seasonal group lessons at Bonsor, Edmonds and the Shadbolt Centre for the Arts.



Visit the Harmony for All website to access the online application forms.

[Burnaby.ca/HarmonyForAll](https://Burnaby.ca/HarmonyForAll)

**shadbolt  
centre  
for  
the  
arts**



# OUTDOOR ACTIVITIES

Phone 604-294-7224. Activities subject to change. Prices do not include tax. Additional fees may apply. Register at [Burnaby.ca/WebReg](http://Burnaby.ca/WebReg) or phone any recreation facility.

ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
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## Burnaby Lake Sports Complex - West

### Child

Beaver Buddies	3-5 yrs	Mar 9	Sa, 10-11:30am (1)	\$13.35	20017
Beaver Buddies	3-5 yrs	Mar 9	Sa, 1-2:30pm (1)	\$13.35	20018

### Adult

Intro to Backpacking	16 yrs+	Mar 9	Sa, 9:30am-12:30pm (1)	\$20.25	16772
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## Byrne Creek

### Child

Spring Break Byrne Creek Outdoor Camp	6-12 yrs	Mar 25	M-Th, 9am-3pm (4)	\$176.65	20585
Spring Break Byrne Creek Outdoor Camp 1:1 Support*	6-12 yrs	Mar 25	M-Th, 9am-3pm (4)	\$176.65	20586

## Deer Lake Park

### Child

Pro-D Day: Trail Blazers	8-12 yrs	Feb 16	F, 9am-3pm (1)	\$44.15	16339
Spring Break Camp: Deer Lake	6-11 yrs	Mar 18	M-F, 9am-3pm (5)	\$202.50	16367
Spring Break Camp: Deer Lake	6-11 yrs	Mar 25	M-Th, 9am-3pm (4)	\$162.00	16371
Trail Blazers: Homelearners	7-12 yrs	Mar 14	Th, 10am-2pm (1)	\$27.00	16773

### Multi-age

Family Day Hike	6 yrs+	Feb 17	Sa, 10am-noon (1)	\$2.00	16774
RCABC Canoe Instructor Course	16 yrs+	Mar 16	Su, M, F, Sa, 9am-4pm (8)	\$800.00	16397

## Edmonds Park

### Multi-age

Mason Bee Hotels: Adult Participation	3 yrs+	Mar 23	Sa, 10am-noon (1)	\$30.00	19217
Spring Wreath	3 yrs+	Mar 30	Sa, 10am-noon (1)	\$30.00	18832

## Warner Loat Park

### Child

Camp Madawaska: Spring Break	6-12 yrs	Mar 18	M-F, 9:30-3:30pm (5)	\$220.80	20514
Camp Madawaska: Spring Break 1:1 Support*	6-12 yrs	Mar 18	M-F, 9:30-3:30pm (5)	\$220.80	20523
Outdoor Adventure Club	8-12 yrs	Feb 9	F, 3:30-5pm (4)	\$40.50	16192
Outdoor Adventure Club: Homelearners	7-12 yrs	Feb 9	F, 12:30-2:30pm (4)	\$54.00	16193
Outdoor Explorers: Investigators	3-6 yrs	Feb 23	F, 9:45-11:45am (4)	\$54.00	16198

### Youth

Spring Break Camp Madawaska (Leadership)	11-14 yrs	Mar 18	M-F, 10am-4pm (5)	\$220.80	19742
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## Hike Hike Baby!

1-23 months

\$2.00 per session

Get outdoors and introduce your child to the joy of hiking. You and your baby will bond while taking in the beautiful scenery, and getting plenty of fresh air which naturally promotes early language development and healthy sleep.

No hiking experience necessary. Child must be comfortably non-mobile for the program.

Deer Lake Park	Feb 7	W, 10-11:30am (1)	16194
Byrne Creek Ravine Park	Feb 14	W, 10-11:30am (1)	16195
Confederation Park	Feb 21	W, 10-11:30am (1)	16196
Stoney Creek	Feb 28	W, 10-11:30am (1)	16197
Brunette River Conservation Area	Mar 6	W, 10-11:30am (1)	20515
Burnaby Mountain - Mountain Air	Mar 13	W, 10-11:30am (1)	20516



# COMMUNITY ACTIVITIES

Activities subject to change. Prices do not include tax. Additional fees may apply. Register at [Burnaby.ca/WebReg](http://Burnaby.ca/WebReg) or phone any recreation facility.

ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
<b>Forest Grove Elementary School</b> <i>Phone 604-297-4529</i>					
<b>Preschool</b>					
Busy Bees: Adult Participation*	10 mos-5 yrs	Jan 19	F, 9:30-11am (8)	\$68.40	19956
Play to Learn Preschool	3-5 yrs	Jan 8	M, 9:30-11:30am (8)	\$116.00	18506
Play to Learn Preschool	3-5 yrs	Jan 10	W, 9:30-11:30am (10)	\$145.00	18507
<b>Maywood Community School - North Wing</b> <i>Phone 604-297-4572</i>					
<b>Preschool</b>					
Play to Learn Preschool	3-5 yrs	Jan 19	F, 1-2:45pm (8)	\$101.50	21451
<b>Second Street Community School - Portable</b> <i>Phone 604-297-4831</i>					
<b>Preschool</b>					
Play to Learn Preschool	3-5 yrs	Jan 16	Tu, 9:30-11:30am (9)	\$130.50	19138
Play to Learn Preschool	3-5 yrs	Jan 18	Th, 9:30-11:30am (9)	\$130.50	19137
<b>Stride Community School - Portable</b> <i>Phone 604-297-4831</i>					
<b>Preschool</b>					
Play to Learn Preschool	3-5 yrs	Jan 15	M, 9:30-11:30am (7)	\$101.50	19139
Play to Learn Preschool	3-5 yrs	Jan 17	W, 9:30-11:30am (9)	\$130.50	19136
<b>University Highlands Elementary School</b> <i>Phone 604-297-4529</i>					
<b>Preschool</b>					
Cooking Time for Toddlers: Adult Participation	17 mos-3 yrs	Jan 19	F, 9:30-11am (8)	\$106.60	19953
Play to Learn Preschool	3-5 yrs	Jan 8	M, 9:30-11:30am (9)	\$130.50	18509
Play to Learn Preschool	3-5 yrs	Jan 10	W, 9:30-11:30am (10)	\$130.50	18510
<b>Wesburn Community Centre</b> <i>Phone 604-297-4572</i>					
<b>Preschool</b>					
Busy Bees: Adult Participation*	10 mos-5 yrs	Jan 9	Tu, 10-11:30am (8)	\$68.40	19129
Play to Learn Preschool	3-5 yrs	Jan 10	W, 9:30-11:30am (8)	\$116.00	19140
Outdoor Science Adventures: Adult Participation	3-5 yrs	Jan 20	Sa, 11am-noon (5)	\$36.25	19193
Outdoor Science Adventures: Adult Participation	3-5 yrs	Jan 20	Sa, 12:30-1:30pm (5)	\$36.25	19192
<b>Early Years</b>					
Cooking Time for Toddlers: Adult Participation	17 mos-3 yrs	Jan 18	Th, 9:30-11am (8)	\$106.80	19146
Toddler Build & Play: Adult Participation	1½-3½ yrs	Jan 19	F, 9:30-11am (8)	\$68.40	19162
<b>Child</b>					
Burnaby Spring Break Camp	5-11 yrs	Mar 18	M-F, 9am-3pm (5)	\$157.50	19173
Burnaby Spring Break Camp	5-11 yrs	Mar 25	M-F, 9am-3pm (5)	\$157.50	19170
Burnaby Spring Break Camp 1:1 Support**	5-11 yrs	Mar 25	M-F, 9am-3pm (5)	\$157.50	18955
<b>Youth</b>					
Babysitter's Training	11-15 yrs	Jan 15	M, 3:15-4:45pm (8)	\$89.90	19113



\*Half price for the second child in the same family. Phone or in-person registration only.

\*\*Note: 1:1 spots are for children that have accessibility needs.



ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
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**55+** Pricing varies based on activity, age and membership. Visit [Burnaby.ca/WebReg](http://Burnaby.ca/WebReg) and click on the activity for additional fee information.

## **Crafts**

Get Crafty: Valentines Day Card Making	55 yrs+	Feb 8	Th, noon-2pm (1)	\$25.00	15899
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## **Day Trips**

A Day on Granville Island (Vancouver)	55 yrs+	Mar 8	F, 10am-4pm (1)	\$20.97	18041
Bloedel Conservatory (Vancouver)	55 yrs+	Mar 21	Th, 10am-2:30pm (1)	\$30.68	18021
Cypress Mountain Snowshoeing (North Vancouver)	55 yrs+	Feb 24	Sa, 9am-5pm (1)	\$81.50	18191
Let's do Lunch: Gillnetter Pub (Port Coquitlam)	55 yrs+	Jan 16	Tu, 10:30am-2:30pm (1)	\$19.53	18032
Tsawwassen Mills Mall	55 yrs+	Feb 9	F, 10am-4pm (1)	\$23.38	18034

## **Martial Arts**

Martial Gym for Functional Fitness	55 yrs+	Jan 16	Tu, 11am-noon (11)	\$58.45	15875
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## **Special Events & Holiday Activities**

Munchies & a Movie	55 yrs+	Jan 28	Su, 2:30-5pm (1)	\$5.00	15877
Munchies & a Movie	55 yrs+	Feb 18	Su, 2:30-5pm (1)	\$5.00	15878
Munchies & a Movie	55 yrs+	Mar 24	Su, 2:30-5pm (1)	\$5.00	15879

## **Visual Arts**

Get Crafty: Winter Landscape Painting workshop	55 yrs+	Jan 25	Th, noon-2pm (1)	\$27.10	15898
Oil Painting: Beginner	55 yrs+	Jan 16	Tu, 9:30am-noon (5)	\$80.50	17727
Oil Painting: Intermediate	55 yrs+	Feb 20	Tu, 9:30am-noon (5)	\$80.50	17728

## **Yoga**

Active Aging: Chair Yoga	55 yrs+	Jan 18	Th, 9:30-10:30am (6)	\$55.00	18173
Active Aging: Chair Yoga	55 yrs+	Feb 29	Th, 9:30-10:30am (5)	\$45.85	18182

## **Adult**

### **Group Fitness**

Active Aging: Cardio Drumming	40 yrs+	Jan 16	Tu, 12:15-1:15pm (7)	\$50.45	15848
Active Aging: Gentle Yoga	40 yrs+	Jan 18	Th, 12:30-1:45pm (6)	\$55.00	16291
Active Aging: Gentle Yoga	40 yrs+	Feb 29	Th, 12:30-1:45pm (5)	\$45.85	16295



## 55+ membership

You can purchase a 55+ single centre or multi-centre membership to participate in 55+ activities. The single centre membership will allow you to participate in programs and activities at one centre of your choice. Buy the multi-centre membership if you wish to participate at more than one centre. For only \$20.30 a year, access one centre of your choice. For only \$50.75 a year, access all four seniors' centres.

### Lifetime Membership

If you're 90 years or above and a Burnaby resident, you can apply for a lifetime membership. Please call your local centre for details.

### Registered Activities

Registered activities are available to non-members. Please call your local centre for details.

## Health Services Throughout the City

### Citizen Support Services

Citizen Support Services helps Burnaby seniors stay independent. Choose from grocery shop-by-phone, mall shopping, phone friend, in-home visitor, Gadabouts bus outings or lunch program. For more information or to become a volunteer, please call 604-294-7980.

A Bonsor 55+ Membership is required to attend Bonsor 55+ Society Activities (unless non-member fee is listed).

<b>Arts &amp; Crafts</b>	<b>B.E.A.R.S. Craft Club</b> (Bonsor II) This group of crafters makes handmade items to sell at fairs and events. Group fees apply.	Fridays, 10am-noon
	<b>Chinese Calligraphy</b> (Bonsor II) The traditional art of writing Chinese characters. Our volunteer instructor teaches you how to write Chinese characters with a Chinese brush and ink. Some supplies may be needed. \$10 annual fee.	Mondays: 9:30-11am
	<b>Open Studio Time</b> (Bonsor II) Come share a space with other artistic individuals as you work on your own visual art projects. Group fees apply.	Tuesdays, 1:45-3:45pm
<b>Active Games</b> Play a game you love or learn a new one. Cancellations are possible due to holidays or other events. Haven't attended for a while? Please phone before you visit.	<b>Bingo</b> (Bonsor II) \$0.25 per card	Wednesdays, 2-4pm
	<b>Bridge - Duplicate</b> (Bonsor II). A more competitive style of Bridge. <b>Bridge - American Standard</b> (Bonsor II) This is an Intermediate Level group, using American Standard 5 Card Major rules with the focus of practicing bridge skills and through non-competitive bridge play. Some playing experience is desirable, but you don't need to be an expert to join us. We encourage additional players to come and try out our group.	Mondays, 1-4pm Tuesdays, 1-4pm
	<b>Mah Jong</b> (Bonsor II) Mahjong is a traditional Chinese tiles games with 4 players on each table. Both Hong Kong mahjong (with 13 tiles per player), or Taiwanese mahjong (with 16 tiles per player) are offered. Mahjong helps to motivate people by interaction, to strengthen memorization during the games, and to reduce dementia. \$25 annual fee.	Mondays, 3:30-9pm

# BONSOR 55+ SOCIETY ACTIVITIES

Phone 604-297-4597. Bonsor I - Main Building  
Phone 604-297-4580. Bonsor II - 55+ Centre

A Bonsor 55+ Membership is required to attend Bonsor 55+ Society Activities (unless non-member fee is listed). Membership pricing is on page 11.

<b>Dance</b>	<b>Social Dance</b> (Bonsor I) A fun social dance (including ballroom, Latin and other dancing) with a live band playing. Light refreshments included. Drop-in: \$6.00 Bonsor 55+ member, \$8.00 non-member	Live Music: Thursdays, 7-9:45pm
	<b>Social Line Dance</b> (Bonsor II) Volunteers lead the group in a mix of line dance. \$40.00 yearly fee.	Wednesdays, 1-5pm Fridays, 12:30-3pm
	<b>Ballroom Dance</b> (Bonsor I) Dance the afternoon away to recorded, international ballroom music. A great opportunity to practice your steps. Drop-in: \$2.00 Bonsor 55+ member, \$4.00 non-member	Mondays, 1:45-3:45pm Wednesdays, 1:45-3:45pm
	<b>Practice Line Dance</b> (Bonsor II) A volunteer leads this lively group as they practice various line dances. No fee, but members must be registered in one of the line dance classes to take part. Drop-in runs when classes are in session.	Beginner & Intermediate, Thursdays, 1-3pm
<b>Fitness</b>	<b>Tai Chi - Yang Style</b> (Bonsor II) Additional fees apply.	Tuesdays, 1:30-3:30pm Fridays, 9am-10:45am
	<b>Tai Chi - Double Yang Style</b> (Bonsor II) Double-Yang Style Tai Chi is a traditional Chinese martial art that has evolved over hundreds of years. The exercise combines qi-gong (for correct breathing rhythm) and Tai Chi to stimulate energy flow through the body, enhance agility, balance and resilience, and sustain general physical and mental well-being. Our Group is open to anyone who is aged 55 and over. Additional fees apply.	Tuesdays, 8:30am-10:30am Fridays, 8:30am-10:45am Saturdays 9am-11am
	<b>Seniors Only Weightroom</b> (Bonsor I) The weight room is reserved for seniors 55 years of age and older with an active Bonsor 55+ Membership. A Be Active Membership or drop-in fee is also needed to use the Weight Room.	Mondays, Wednesdays and Fridays, 10:30am-11:30am (excluding Statutory Holidays)
<b>Music</b>	<b>Choir</b> (Bonsor I) A SATB (soprano, alto, tenor, bass) mixed voice choir for adults 55+. New members welcomed as openings become available. \$10 annual fee.	Fridays, 1-3pm
	<b>Sing-along</b> (Bonsor I) Enjoy this friendly social gathering and sing all your favourites. Includes the playing of instruments, dancing and refreshments. Can sing solo. \$10 annual fee.	Every other Thursday 12:45-2:45pm
	<b>Karaoke</b> (Bonsor II) Want to be a singing queen or king? Bring your own discs; any language welcome. Join this social group for singing. Yearly group fee applies. 55+ membership required.	Sundays, noon-5pm
<b>Social Activities</b> Spend time with others who share your interests! For specific details, call the centre where each group meets.	<b>Computer Open Lab</b> (Bonsor II) A great opportunity to come have your electronics-related questions answered. Volunteers work with you to try to solve your computer, phone and tablet-related problems. Word processing, Internet, e-mail and photo management are examples of topics this group is helpful for. \$1.00 Bonsor	Tuesdays, noon-3pm
	<b>Baking Group</b> (Bonsor I) We bake muffins and cookies to be sold at the Bonsor 55+ Society's Coffee Bar at the Bonsor 55+ Centre. For more information, please call 604-297-4587.	Fridays, 8:30am-noon
<b>Sports &amp; Games</b>	<b>Snooker</b> (Bonsor II) Enjoy a friendly game of snooker on one of our fine tables —someone is usually available for a game. Check the snooker board for league play and tournament dates. \$50.00 full year, \$25.00 half year.	Tables available during 55+ centre hours.
	<b>Badminton</b> (Bonsor I) All levels welcome. Bring your own racquet and be prepared to help with set-up and take-down of equipment. Each member must be registered. There are no drop-ins. Contact centre for details. Group fees apply.	Mondays, 8:30am-12:30pm Tuesdays, 8:30am-12:30pm Thursdays, 8:30am-12:30pm Fridays, 8:30am-12:30pm
	<b>Table Tennis</b> (Bonsor II) Contact centre for details. Group fees apply.	Mondays, 8:40am-2:50pm Tuesdays, 4:30-8:50pm Wednesdays, 8:40-10:50am Thursdays, 8:40-10:50am Saturdays, 9:10am-4:50pm

ACTIVITY AGE STARTS TIME (Sessions) PRICE BARCODE  
**55+** Pricing varies based on activity, age and membership. Visit [Burnaby.ca/WebReg](http://Burnaby.ca/WebReg) and click on the activity for additional fee information.

## Dance

Ballroom Dance: Foxtrot, Rumba and Salsa	55 yrs+	Jan 12	F, 11:30am-12:30pm (10)	\$64.40	17718
Belly Dance Beginner	55 yrs+	Jan 16	Tu, 11am-noon (9)	\$57.95	17719
Line Dance: Beginner	55 yrs+	Jan 15	M, 10-11:30am (8)	\$77.25	17720
Line Dance: Beginner Plus	55 yrs+	Jan 17	W, 9:15-10:30am (9)	\$72.45	17721
Line Dance: Intermediate	55 yrs+	Jan 17	W, 10:45am-12:15pm (9)	\$86.95	17722
Line Dance: Intermediate Plus	55 yrs+	Jan 26	F, 10-11:15am (8)	\$64.40	17723

## Adult

### Adapted Activities

Music Explorations: Adapted	18 yrs+	Jan 15	M, 6:45-7:30pm (8)	\$69.52	17920
Sports Mania: Adapted	18 yrs+	Jan 18	Th, noon-1pm (9)	\$22.68	17939
Stepping Out on the Town: Adapted	18 yrs+	Jan 19	F, 6:30-9pm (9)	\$114.75	17960

### Ceramics

Ceramics: Flower Vase	16 yrs+	Mar 3	Su, 9-11am (2)	\$39.25	18986
Clay: Hand-Building	16 yrs+	Jan 7	Su, 9:30-11am (7)	\$99.90	18957
Clay: Hand-Building	16 yrs+	Jan 22	M, 6-7:30pm (7)	\$99.90	18807
Sculpture: Beginners	16 yrs+	Jan 15	M, 8-9:30pm (7)	\$99.90	18809
Sgraffito Night: Cups	16 yrs+	Feb 2	F, 6:30-8:30pm (2)	\$39.25	18880
Sgraffito Night: Plates	16 yrs+	Mar 1	F, 6:30-8:30pm (2)	\$39.25	18882

### Dance

Ballet: Beginner	16 yrs+	Jan 17	W, 7:20-8:20pm (8)	\$68.50	19198
Burlesque Jazz Mid-Term	16 yrs+	Jan 9	Tu, 7:20-8:20pm (17)	\$180.50	18820
Contemporary Jazz Mid-Term	16 yrs+	Jan 9	Tu, 6:15-7:15pm (17)	\$180.50	18815
Hip Hop	16 yrs+	Jan 13	Sa, 9:15-10:15am (8)	\$68.50	19209
Jazz: Beginner Mid-Term	16 yrs+	Jan 15	M, 6:15-7:15pm (14)	\$154.85	18773
Jazz: Continuing Mid-Term	16 yrs+	Jan 25	Th, 6:55-7:55pm (15)	\$163.40	19203
K-Pop: Beginner	16 yrs+	Jan 13	Sa, 4:10-5:10pm (8)	\$68.50	18914
K-Pop: Beginner Mid-Term	16 yrs+	Jan 17	W, 7:25-8:25pm (16)	\$171.95	18921
K-Pop: Intermediate	16 yrs+	Jan 13	Sa, 5:15-6:15pm (8)	\$68.50	18915
K-Pop: Intermediate Mid-Term	16 yrs+	Jan 17	W, 8:30-9:30pm (16)	\$171.95	18926
Tap for Complete Beginners	40 yrs+	Jan 11	Th, 10-11am (9)	\$77.05	19199
Tap: Beginner	16 yrs+	Jan 11	Th, 7:15-8:15pm (9)	\$77.05	19207
Tap: Continuing	40 yrs+	Jan 11	Th, 11:05am-12:05pm (9)	\$77.05	19200



Plan ahead for all our upcoming events.  
Learn more: [Burnaby.ca/Events](http://Burnaby.ca/Events)



ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
<b>Adult</b>					
<b>Group Fitness</b>					
Active Aging: Balance & Stability	40 yrs+	Jan 16	Tu, 10:45-11:45am (7)	\$50.45	15874
Active Aging: Balance & Stability	40 yrs+	Jan 24	W, 1:30-2:30pm (8)	\$57.30	15882
Active Aging: Get Up & Go!	40 yrs+	Jan 9	Tu, Th, 1:45-2:45pm (24)	\$142.08	17858
Active Aging: Intro to Total Body Conditioning	40 yrs+	Jan 15	M, 10:30-11:30am (6)	\$43.25	15876
Active Aging: Zumba® Gold	40 yrs+	Jan 24	W, 2:45-3:45pm (8)	\$57.70	15884
Barre Fitness	14 yrs+	Jan 17	W, 1:15-2:15pm (7)	\$64.19	17843
Fitness for Parkinsons Disease	19 yrs+	Jan 11	Th, 11am-noon (5)	\$28.75	17864
Fitness for Parkinsons Disease	19 yrs+	Feb 15	Th, 11am-noon (5)	\$28.75	17861
Osteo for Life	40 yrs+	Jan 9	Tu, Th, 12:30-1:30pm (24)	\$142.08	17859
TRX® Suspension Training	14 yrs+	Jan 6	Sa, 12:45-1:45pm (6)	\$55.02	17146
TRX® Suspension Training	14 yrs+	Jan 11	Th, 12:30-1:30pm (6)	\$55.02	17144
TRX® Suspension Training	14 yrs+	Feb 17	Sa, 12:45-1:45pm (6)	\$55.02	17147
TRX® Suspension Training	14 yrs+	Feb 22	Th, 12:30-1:30pm (6)	\$55.02	17145
Weight Training for Healthy Bones	40 yrs+	Jan 10	W, 1:15-2:15pm (4)	\$37.92	17730
Weight Training for Healthy Bones	40 yrs+	Feb 14	W, 1:15-2:15pm (4)	\$37.92	17731

### Indoor Cycling

Cycle to the Barre	14 yrs+	Jan 15	M, 12:30-1:30pm (5)	\$45.85	17852
Cycle to the Barre	14 yrs+	Feb 26	M, 12:30-1:30pm (5)	\$45.85	17853

### Racquet Sports

Badminton Lessons: Adult Beginner / Intermediate	19 yrs+	Jan 10	W, 8:30-9:45pm (10)	\$168.00	18007
Badminton Lessons: Adult Intermediate / Advance	19 yrs+	Jan 10	W, 8:30-9:45pm (10)	\$168.00	18010

### Swimming

Adult 1	14 yrs+	Jan 8	M, 6:15-7pm (9)	\$78.60	19609
Adult 1	14 yrs+	Jan 9	Tu, Th, 7:15-8pm (10)	\$87.00	19611
Adult 1	14 yrs+	Jan 10	W, 6:45-7:30pm (9)	\$78.60	19610
Adult 1	14 yrs+	Jan 12	F, 7:30-8:15pm (10)	\$87.00	19614
Adult 1	14 yrs+	Jan 12	F, 8:15-9pm (10)	\$87.00	19613
Adult 1	14 yrs+	Feb 6	Tu, Th, 7:15-8pm (10)	\$87.00	19612
Adult 2	14 yrs+	Jan 8	M, 6:15-7pm (9)	\$78.60	19615
Adult 2	14 yrs+	Jan 9	Tu, Th, 7:15-8pm (10)	\$87.00	19617
Adult 2	14 yrs+	Jan 10	W, 6:45-7:30pm (9)	\$78.60	19616
Adult 2	14 yrs+	Jan 12	F, 7:30-8:15pm (10)	\$87.00	19619
Adult 2	14 yrs+	Feb 6	Tu, Th, 7:15-8pm (10)	\$87.00	19618

For up to date facility hours and addresses, visit [Burnaby.ca/Centres](http://Burnaby.ca/Centres)

### Visual Arts

Creative Smartphone Photography	16 yrs+	Jan 8	M, 6:15-7:30pm (6)	\$64.20	19212
Paint Night: Aurora Lights	16 yrs+	Jan 26	F, 6:30-8:30pm (1)	\$22.70	18886
Paint Night: Sunset Balloon Ride	16 yrs+	Feb 23	F, 6:30-8:30pm (1)	\$22.70	18890
Paint Night: Gingerbread House	16 yrs+	Jan 12	F, 6:30-8:30pm (1)	\$22.70	18884
Paint Night: Shamrocks and Rainbows	16 yrs+	Mar 22	F, 6:30-8:30pm (1)	\$22.70	18892
Watercolour: An Introduction	16 yrs+	Jan 17	W, 8-9:30pm (8)	\$112.70	19154

### Weight Training

Weight Training 1 for Females	16 yrs+	Feb 24	Sa, 10-11:15am (6)	\$71.10	17733
Weight Training: Beginner	16 yrs+	Jan 13	Sa, 10-11:15am (6)	\$71.10	17677
Weight Training: Beginner	16 yrs+	Feb 7	W, 5-6:15pm (6)	\$71.10	17678
Weight Training: Strength & Conditioning	16 yrs+	Jan 22	M, 5:15-6:15pm (4)	\$37.92	17745

ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
<b>Adult</b>					
<b>Yoga</b>					
Active Aging: Hatha Yoga Beginner	40 yrs+	Jan 19	F, 12:30-1:30pm (6)	\$55.00	15886
Active Aging: Hatha Yoga Beginner	40 yrs+	Mar 1	F, 12:30-1:30pm (4)	\$36.70	15887
Active Aging: Yoga Core Fusion	40 yrs+	Jan 17	W, 12:30-1:45pm (6)	\$55.00	15880
Active Aging: Yoga Core Fusion	40 yrs+	Feb 28	W, 12:30-1:45pm (5)	\$45.85	15881
Pilates	16 yrs+	Jan 9	Tu, 3-4pm (4)	\$52.32	15888
Pilates	16 yrs+	Jan 11	Th, 3-4pm (4)	\$52.32	15891
Pilates	16 yrs+	Feb 6	Tu, 3-4pm (4)	\$52.32	15889
Pilates	16 yrs+	Feb 8	Th, 3-4pm (4)	\$52.32	15892
Pilates	16 yrs+	Mar 5	Tu, 3-4pm (4)	\$52.32	15890
Pilates	16 yrs+	Mar 7	Th, 3-4pm (4)	\$52.32	15893
Pilates: Mat to Standing	16 yrs+	Jan 13	Sa, 9:45-10:45am (4)	\$52.32	15894
Pilates: Mat to Standing	16 yrs+	Feb 10	Sa, 9:45-10:45am (4)	\$52.32	15895
Pilates: Mat to Standing	16 yrs+	Mar 9	Sa, 9:45-10:45am (4)	\$52.32	15896
Pre & Postnatal Yoga	16 yrs+	Jan 11	Th, 7:45-8:45pm (4)	\$36.68	15764
Pre & Postnatal Yoga	16 yrs+	Feb 8	Th, 7:45-8:45pm (4)	\$36.68	15777
Pre & Postnatal Yoga	16 yrs+	Mar 7	Th, 7:45-8:45pm (4)	\$36.68	15778

## Youth

<b>Ceramics</b>					
Clay: Hand-Building	12-15 yrs	Jan 29	M, 4-5:30pm (6)	\$77.05	18806
<b>Dance</b>					
K-Pop	13-16 yrs	Jan 13	Sa, 3-4pm (8)	\$68.50	18913
K-Pop Mid-Term	13-16 yrs	Jan 17	W, 6:20-7:20pm (16)	\$171.95	18916
<b>Personal Development</b>					
Babysitter's Training	11-15 yrs	Jan 25	Th, 6-8pm (6)	\$89.90	19194
<b>Racquet Sports</b>					
Badminton Lessons: Junior Competitive	8-18 yrs	Jan 10	W, 7-8:30pm (10)	\$133.70	17955
Badminton Lessons: Junior Competitive Assessment	8-18 yrs	Jan 10	W, 6-7pm (1)	No Fee	18004
Badminton Lessons: Junior Competitive Assessment	8-18 yrs	Jan 17	W, 6-7pm (1)	No Fee	18006
Badminton Lessons: Teen Introduction	13-18 yrs	Jan 10	W, 6-7pm (10)	\$89.10	17954
Table Tennis Lessons: Beginner / Intermediate	11-17 yrs	Jan 18	Th, 6:10-7:10pm (9)	\$102.87	18090
<b>Swimming</b>					
Bronze Star	12-17 yrs	Jan 10	W, 4:30-7pm (5)	\$115.00	19602
Bronze Star	12-17 yrs	Feb 14	W, 4:30-7pm (5)	\$115.00	19603
Bronze Medallion	13 yrs+	Jan 12	F, 4-9pm (5)	\$215.00	19604
Bronze Medallion	13 yrs+	Feb 11	Su, noon-5pm (5)	\$215.00	19605
Bronze Cross	13 yrs+	Jan 7	Su, noon-5pm (5)	\$215.00	19606
Bronze Cross	13 yrs+	Feb 16	F, 4-9pm (5)	\$215.00	19607
National Lifeguard Pool	15 yrs+	Jan 14	Su, 8:30am-5pm (9)	\$455.50	19608
<b>Visual Arts</b>					
Creative Smartphone Photography	12-15 yrs	Jan 8	M, 4:50-6:05pm (6)	\$64.20	19208
Dungeons & Dragons	12-16 yrs	Jan 16	Tu, 6:15-7:30pm (8)	\$85.60	19197
Paint Sampler: Acrylic, Tempura & Watercolour	12-15 yrs	Jan 17	W, 6:15-7:30pm (8)	\$85.60	19148
<b>Weight Training</b>					
Weight Training: 101	14-18 yrs	Jan 11	Th, 3:45-5pm (4)	\$34.50	17725
Weight Training: 201	14-18 yrs	Feb 8	Th, 3:45-5pm (4)	\$34.50	17729

ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
<b>Child</b>					
<b>Adapted Activities</b>					
Music Explorations: Adapted	5-12 yrs	Jan 15	M, 6-6:45pm (8)	\$69.52	17931
<b>Camps</b>					
Byte Camp: Intro to Coding	9-12 yrs	Mar 25	M-Th, 9am-4pm (4)	\$330.00	18064
Exclusively...ARTS!	9-12 yrs	Mar 18	M-F, 9:30am-3:30pm (5)	\$283.50	17979
Exclusively...ARTS!	7-8 yrs	Mar 18	M-F, 9:30am-3:30pm (5)	\$283.50	17978
Exclusively...ARTS!	6 yrs	Mar 18	M-F, 9:30am-3:30pm (5)	\$283.50	17976
Pro-D Day Camp	5-11 yrs	Feb 16	F, 9am-3pm (1)	\$31.50	17942
Pro-D Day Camp 1:1 Support*	5-11 yrs	Feb 16	F, 9am-3pm (1)	\$31.50	17943
Spring Break Camp	5-11 yrs	Mar 18	M-F, 9am-3pm (5)	\$157.50	17945
Spring Break Camp 1:1 Support*	5-11 yrs	Mar 18	M-F, 9am-3pm (5)	\$157.50	18099
Spring Break Camp	5-11 yrs	Mar 25	M-Th, 9am-3pm (4)	\$126.00	17946
Spring Break Camp 1:1 Support*	5-11 yrs	Mar 25	M-F, 9am-3pm (4)	\$126.00	18679
<b>Ceramics</b>					
Clayworks	8-12 yrs	Jan 14	Su, 11:30am-1pm (7)	\$89.90	18978
<b>Creative Writing</b>					
The Art of Stories	8-11 yrs	Jan 18	Th, 6:15-7:15pm (8)	\$68.50	19032
Word Play	6-8 yrs	Jan 13	Sa, 1:30-2:30pm (8)	\$68.50	19024
Word Play	6-8 yrs	Jan 18	Th, 5-6pm (8)	\$68.50	19026
Writing Stories	8-11 yrs	Jan 13	Sa, 2:45-3:45pm (8)	\$68.50	19028
<b>Dance</b>					
Acro Dance 1 Mid-Term	8-12 yrs	Jan 14	Su, 2:50-3:50pm (16)	\$192.50	18899
Acro Dance 1 Mid-Term	8-12 yrs	Jan 9	Tu, 3:45-4:45pm (17)	\$145.50	18814
Acro Dance 1 Mid-Term	8-12 yrs	Jan 13	Sa, 4:50-5:50pm (16)	\$136.95	18901
Acro Dance: Introduction Mid-Term	7-9 yrs	Jan 14	Su, 4-5pm (16)	\$192.50	20016
Acro Dance: Introduction Mid-Term	8-12 yrs	Jan 14	Su, 1:40-2:40pm (16)	\$192.50	18898
Acro Dance: Introduction Mid-Term	7-9 yrs	Jan 14	Su, 12:30-1:30pm (16)	\$192.50	18897
Acro Dance: Introduction Mid-Term	7-10 yrs	Jan 13	Sa, 2:40-3:25pm (16)	\$102.70	18902
Ballet Short-Term	6 yrs	Jan 14	Su, 10:10-11:10am (8)	\$68.50	18896
Hip Hop	8-10 yrs	Jan 13	Sa, 1:35-2:35pm (8)	\$68.50	19214
Hip Hop	6-7 yrs	Jan 13	Sa, 12:30-1:30pm (8)	\$68.50	19213
Hip Hop	6-7 yrs	Jan 13	Sa, 11:10am-12:10pm (8)	\$68.50	19211
Hip Hop	6 yrs	Jan 13	Sa, 10:20-11:05am (8)	\$51.35	19210
Kinder Ballet	5 yrs	Jan 13	Sa, 8:50-9:50am (8)	\$68.50	18894
Kinder Ballet	5 yrs	Jan 13	Sa, 11:35am-12:35pm (8)	\$68.50	18895
Kinder Ballet	5 yrs	Jan 14	Su, 9:05-10:05am (8)	\$68.50	18893
Lyrical Jazz Mid-Term	7-9 yrs	Jan 15	M, 4-5pm (14)	\$154.85	18768
Lyrical Jazz Mid-Term	10-14 yrs	Jan 15	M, 5:05-6:05pm (14)	\$154.85	18771
Pre-Modern Dance: Short-Term	6-8 yrs	Jan 17	W, 6:15-7:15pm (8)	\$68.50	19191
<b>Gymnastics</b>					
Gymnastics: Recreational	5-10 yrs	Jan 15	M, 3:30-4:30pm (8)	\$63.45	19048
Gymnastics: Recreational	5-10 yrs	Jan 15	M, 4:45-5:45pm (8)	\$63.45	19047
Gymnastics: Recreational	5-10 yrs	Jan 17	W, 3:30-4:30pm (9)	\$71.35	19050
Gymnastics: Recreational	5-10 yrs	Jan 17	W, 4:45-5:45pm (9)	\$71.35	19049





ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
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## Child

### Indoor / Gym Sports

Basketball	8-10 yrs	Jan 20	Sa, 10:30-11:30am (8)	\$50.50	19158
Basketball	5-7 yrs	Jan 20	Sa, 9:15-10:15am (8)	\$50.50	19156
Basketball	10-13 yrs	Jan 20	Sa, 11:45am-12:45pm (8)	\$50.50	19157
Basketball Skills & Drills	9-11 yrs	Jan 18	Th, 4:15-5:15pm (9)	\$56.80	18949
Basketball Skills & Drills	12-13 yrs	Jan 18	Th, 5:25-6:25pm (9)	\$56.80	18953
Soccer	8-10 yrs	Jan 16	Tu, 4:45-5:45pm (9)	\$56.80	19188
Soccer	5-7 yrs	Jan 16	Tu, 3:30-4:30pm (9)	\$56.80	19189
Soccer	10-12 yrs	Jan 16	Tu, 6-7pm (9)	\$56.80	19190

### Media

LEGO®: Brick Animation	8-12 yrs	Jan 2	Tu-F, 10am-noon (4)	\$140.00	17990
LEGO®: Brick Animation	8-12 yrs	Mar 25	M-Th, 10am-noon (4)	\$140.00	18052
WeDo Robotics: Junior	6-10 yrs	Jan 2	Tu-F, 3-5pm (4)	\$140.00	17993
WeDo Robotics: Junior	6-10 yrs	Feb 14	W, 4-5:30pm (4)	\$100.00	18946
WeDo Robotics: Junior	6-10 yrs	Mar 25	M-Th, 3-5pm (4)	\$140.00	18056
WeDo Robotics: Senior	8-12 yrs	Jan 2	Tu-F, 12:30-2:30pm (4)	\$140.00	17992
WeDo Robotics: Senior	8-12 yrs	Jan 17	W, 4-5:30pm (4)	\$100.00	18943
WeDo Robotics: Senior	8-12 yrs	Mar 25	M-Th, 12:30-2:30pm (4)	\$140.00	18054

### Racquet Sports

Badminton Lessons: Beginner	8-12 yrs	Jan 10	W, 5-6pm (10)	\$89.10	17950
Badminton Lessons: Beginner	6-7 yrs	Jan 10	W, 4:15-5pm (5)	\$44.55	17952
Badminton Lessons: Beginner	6-7 yrs	Feb 14	W, 4:15-5pm (5)	\$44.55	17953
Table Tennis Lessons: Beginner	6-10 yrs	Jan 18	Th, 4-5pm (9)	\$102.87	18074
Table Tennis Lessons: Beginner	6-10 yrs	Jan 18	Th, 5:05-6:05pm (9)	\$102.87	18086

### Visual Arts

Art Blast	9-12 yrs	Jan 13	Sa, 11:15am-12:45pm (8)	\$102.70	19132
Art Blast	6-8 yrs	Jan 13	Sa, 9:15-10:45am (8)	\$102.70	19122
Drawing & Cartooning	6½ -8 yrs	Jan 16	Tu, 5-6pm (8)	\$68.50	16685
Origami	8-12 yrs	Jan 18	Th, 3:30-4:30pm (8)	\$68.50	19142

ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
<b>Preschool</b>					
<b>Dance</b>					
Creative Ballet	3 yrs	Jan 13	Sa, 9:40-10:10am (8)	\$34.25	18905
Creative Ballet	3½-4 yrs	Jan 12	F, 10:25-11:10am (9)	\$57.80	18907
Creative Ballet	3½-5 yrs	Jan 10	W, 10:10-10:55am (9)	\$57.80	18786
Creative Ballet	3½-5 yrs	Jan 13	Sa, 11:15am-noon (8)	\$51.35	18906
Creative Ballet	3½-5½ yrs	Jan 13	Sa, 9:55-10:40am (8)	\$51.35	18903
Creative Ballet	3½-5½ yrs	Jan 13	Sa, 10:45-11:30am (8)	\$51.35	18904
Creative Ballet	4-5 yrs	Jan 9	Tu, 3:10-3:55pm (9)	\$57.80	18812
Creative Ballet	4-5 yrs	Jan 12	F, 11:15am-noon (9)	\$57.80	18912
<b>Early Learning</b>					
Busy Bees: Adult Participation**	10 mos-5 yrs	Jan 15	M, 1:30-3pm (8)	\$68.40	18908
Busy Bees: Adult Participation**	10 mos-5 yrs	Jan 16	Tu, 10-11:30am (9)	\$76.95	18909
Busy Bees: Adult Participation**	10 mos-5 yrs	Jan 17	W, 10-11:30am (9)	\$76.95	18910
Double the fun for preschoolers	3-5 yrs	Jan 18	Th, 12:30-2:30pm (9)	\$130.50	18713
Double the fun for preschoolers 1:1 Support*	3-5 yrs	Jan 18	Th, 12:30-2:30pm (9)	\$130.50	18751
Get Ready for Kindergarten	4-5 yrs	Jan 17	W, 12:30-2:30pm (9)	\$160.20	18936
Get Ready for Kindergarten 1:1 Support*	4-5 yrs	Jan 17	W, 12:30-2:30pm (9)	\$160.20	18939
Holiday Special: Valentines: Adult Participation	3-5 yrs	Feb 10	Sa, 1-2:30pm (1)	\$13.35	18944
Kinder Cooking	3-5 yrs	Jan 17	W, 1:30-3:30pm (8)	\$142.40	18798
Kinder Cooking 1:1 Support*	3-5 yrs	Jan 17	W, 1:30-3:30pm (8)	\$142.40	18922
Kindergym	3½ -5 yrs	Jan 15	M, 12:15-1:15pm (8)	\$58.00	19034
Kindergym	3½ -5 yrs	Jan 15	M, 1:30-2:30pm (8)	\$58.00	19029
Play to Learn Preschool	3-5 yrs	Jan 15	M, 12:30-2:30pm (8)	\$116.00	18940
Play to Learn Preschool	3-5 yrs	Jan 16	Tu, 12:30-2:30pm (9)	\$130.50	18693
Play to Learn Preschool	3-5 yrs	Jan 19	F, 9:30-11:30am (9)	\$130.50	18928
Play to Learn Preschool 1:1 Support*	3-5 yrs	Jan 15	M, 12:30-2:30pm (8)	\$116.00	18941
Play to Learn Preschool 1:1 Support*	3-5 yrs	Jan 16	Tu, 12:30-2:30pm (9)	\$130.50	18772
Play to Learn Preschool 1:1 Support*	3-5 yrs	Jan 19	F, 9:30-11:30am (9)	\$130.50	18929
Sports & Games: Soccer	4-5 yrs	Jan 18	Th, 10:45-11:30am (9)	\$48.95	18958
Sports & Games: Soccer	4-5 yrs	Jan 20	Sa, 10:45-11:30am (8)	\$43.50	18966
Sports & Games: Soccer Adult Participation	3 yrs	Jan 18	Th, 11:45am-12:15pm (9)	\$25.65	18959
Sports & Games: Variety	4-5 yrs	Jan 20	Sa, 11:45am-12:30pm (8)	\$43.50	18972
Sports & Games: Variety Adult Participation	3 yrs	Jan 20	Sa, 12:45-1:15pm (8)	\$22.80	18976
Tot Gymnastics: Adult Participation**	10-47 mos	Jan 15	M, 11am-noon (8)	\$45.60	19005
Tot Gymnastics: Adult Participation**	10-47 mos	Jan 17	W, 1:30-2:30pm (9)	\$51.30	19015
<b>Music</b>					
Do Re Mi, for Me	3½-5yrs	Jan 12	F, 10:20-11:05am (8)	\$51.35	19187
<b>Visual Arts</b>					
A is for Art, F is for Family: Adult Participation	2½-4 yrs	Jan 15	M, 9:30-10:15am (8)	\$43.50	19171
A is for Art, F is for Family: Adult Participation	2½-4 yrs	Jan 15	M, 10:30-11:15am (8)	\$43.50	19168
Art & Phonics	3½-5 yrs	Jan 15	M, 11:30am-12:30pm (8)	\$68.50	19175
Art Blast	3½-5 yrs	Jan 18	Th, 1:30-2:30pm (8)	\$68.50	19112
Clay: Play & Paint	3½-5 yrs	Jan 12	F, 10:30-11:15am (8)	\$51.35	19070
Pencils, Paints & Plasticine: Adult Participation	3-5 yrs	Jan 12	F, 9:30-10:15am (8)	\$43.50	19081
<b>Yoga</b>					
Yoga: Adult Participation	3-5 yrs	Jan 9	Tu, 1:45-2:30pm (4)	\$26.76	15749
Yoga: Adult Participation	3-5 yrs	Feb 6	Tu, 1:45-2:30pm (4)	\$26.76	15757
Yoga: Adult Participation	3-5 yrs	Mar 5	Tu, 1:45-2:30pm (4)	\$26.76	15758

\*Note: 1:1 spots are for children that have accessibility needs.

**18** \*\*Half price for the second child in the same family. Phone or in-person registration only.

ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
<b>Early Years</b>					
<b>Dance</b>					
Dance with Me Daddy: Adult Participation	2-3 yrs	Jan 13	Sa, 10:20-11:05am (8)	\$43.50	18932
Dance with Me: Adult Participation	2-3 yrs	Jan 10	W, 9:15-10am (9)	\$48.95	18934
Dance with Me: Adult Participation	2-3 yrs	Jan 12	F, 9:30-10:15am (9)	\$48.95	18938
<b>Music</b>					
Babytime Music & Movement: Adult Participation	4-11 mos	Jan 10	W, 9:30-10am (8)	\$29.00	19177
Babytime Music & Movement: Adult Participation	4-11 mos	Jan 12	F, 11:15-11:45am (8)	\$29.00	19181
Babytime Music & Movement: Adult Participation	11-23 mos	Jan 10	W, 10:10-10:55am (8)	\$43.50	19179
Babytime Music & Movement: Adult Participation	11-23 mos	Jan 12	F, 11:55am-12:40pm (8)	\$43.50	19183
Musical Rascals: Adult Participation	2-3 yrs	Jan 12	F, 9:30-10:15am (8)	\$43.50	19186
Tot School of Rock: Adult Participation	2-3 yrs	Jan 10	W, 11:05-11:50am (8)	\$43.50	19185

## Multi-age

<b>Ceramics</b>					
Family Clayworks: Adult Participation	6-19 yrs	Jan 14	Su, 2-3:30pm (7)	\$60.00 per family member	18975
Family Clayworks: Adult Participation	6-19 yrs	Jan 14	Su, 4-5:30pm (7)	\$60.00 per family member	18977
Family Sgraffito Night: Cups	7 yrs+	Feb 2	F, 4-6pm (2)	\$34.25 per family member	18879
Family Sgraffito Night: Plates	7 yrs+	Mar 1	F, 4-6pm (2)	\$34.25 per family member	18881
<b>Martial Arts</b>					
Tai Chi: Beginner	16 yrs+	Jan 13	Sa, 9-10:15am (12)	\$113.55	17746
Tai Chi: Intermediate	16 yrs+	Jan 13	Sa, 10:30-11:45am (12)	\$113.55	17747
<b>Visual Arts</b>					
Family Paint Night: Aurora Lights	7 yrs+	Jan 26	F, 4-6pm (1)	\$17.10 per family member	18885
Family Paint Night: Gingerbread House	7 yrs+	Jan 12	F, 4-6pm (1)	\$17.10 per family member	18883
Family Paint Night: Shamrocks and Rainbows	7 yrs+	Mar 22	F, 4-6pm (1)	\$17.10 per family member	18891
Family Paint Night: Sunset Balloon Ride	7 yrs+	Feb 23	F, 4-6pm (1)	\$17.10 per family member	18889

## Private music and voice lessons

We offer quality one-on-one voice lessons and music instruction in piano, violin, viola, drums, mandolin, acoustic guitar, bass guitar, ukulele, and banjo. We also offer private piano lessons to preschoolers aged 4-5 years (accompanied by a parent). These are found under "Private Piano Lesson: Short-Term: Adult Participation" on WebReg. Register online at: [Burnaby.ca/WebReg](http://Burnaby.ca/WebReg)

### Bonsor Complex

For more info, phone River at 604-297-4584 or email [river.light@burnaby.ca](mailto:river.light@burnaby.ca)







## 55+ membership

You can purchase a 55+ single centre or multi-centre membership to participate in 55+ activities. The single centre membership will allow you to participate in activities at one centre of your choice. Buy the multi-centre membership if you wish to participate at more than one centre. **For only \$20.30 a year**, access one centre of your choice. **For only \$50.75 a year**, access all four seniors' centres.

### Lifetime Membership

If you're 90 years or above and a Burnaby resident, you can apply for a lifetime membership. Please call your local centre for details.

### Registered Activities

Registered activities are available to non-members. Please call your local centre for details.

<b>Arts &amp; Crafts Groups</b>	<b>Artists' Studio</b> Bring your work in progress and draw or paint with other artists. No instruction provided.	Tuesdays, 12:30-3:30pm
	<b>Chinese Calligraphy</b> Learn the ancient art of Chinese calligraphy. Instruction is available for beginners. Supplies may be purchased at the class.	Mondays, 9:30-11:30am
	<b>Cameron Crafters</b> This group of crafters makes handmade items to sell at sales and events. No fee.	Mondays, 1:30-3:30pm
	<b>Creative Cards</b> This creative and social group meets weekly to work on personal projects such as handmade cards, painting, embossing and other crafts. They also create unique items for special events.	Thursdays, 10am-noon Canceled for Board Meetings
	<b>Beads &amp; Needles</b> This group meets to create fine beadwork. Instruction is available for beginners. Experienced beadworkers are welcome too.	Mondays, 10am-noon
<b>Card &amp; Active Games</b> Play a game you love or learn a new one. Cancellations are possible due to holidays or other events. Haven't attended for a while? Please phone before you visit.	<b>Bingo</b> (19 yrs +) Card fees. Cards must be purchased by 12:15pm.	W, 12:30-3:30pm
	<b>Cribbage &amp; Cards</b> Group fees	Th, 11:30am-3pm
	<b>Dominoes</b> Group fees	Tu, 12:30-4pm (Mexican Train)
	<b>Mah Jong</b> Group fees	W, 1:30-4:30pm, F, 1-5:30pm
	<b>Poker</b> Group fees	F, 6-10pm
	<b>Rummy-O</b> Group fees	M, 12:30-4pm
<b>Dance</b>	<b>Chinese Dance</b> Enjoy traditional Chinese line dancing and ballroom dancing to Chinese music in this informal group. Instruction is in Mandarin and Cantonese.	Fridays, 9-10:15am
<b>Health Services</b>	<b>Foot Care</b> Call Nurse Evelyn to book your appointment. \$50.00 fee payable at the foot care appointment. 778 228-6021	3rd Tuesday each month, 8-11:30am
<b>Music</b>	<b>Erhu &amp; Violin Workshop</b> Bring your <i>erhu</i> (a Chinese two-stringed bowed musical instrument) or violin and practice with others who are learning to play these instruments.	Fridays, 10:30am-12:30pm & Sundays, 1-4pm
	<b>Singing and Music Group</b> Discover the joy of making music and group singing while connecting with fellow music enthusiasts!	Fridays, 1-3pm

## Health Services Throughout the City

### Citizen Support Services

Citizen Support Services helps Burnaby seniors stay independent. Choose from grocery shop-by-phone, mall shopping, phone friend, in-home visitor, Gadabouts bus outings or lunch program. For more information or to become a volunteer, please call 604-294-7980.

<b>Social Activities</b> Spend time with others who share your interests! For specific details, call the centre where each group meets.	<b>Book Club</b> Contact the centre for our monthly reading list, then join us for discussion.	3rd Thursday of each month 10:15-11:45am
	<b>Computer Users One-to-one Help</b> Drop-in to our open lab and get help with your computer questions. Computer time with Internet access available for club members.	Mondays, 3-4:30pm
	<b>Current Affairs Discussion Group</b> Meet with others to discuss what's happening in the world.	Thursdays, 1:30-3pm
	<b>French Conversation Group</b> Open to French speakers who are interested in the language and culture. Come and talk about various topics.	Thursdays, 1-3pm
	<b>Garden Club</b> Share experiences with home gardening and enjoy projects at the community centre.	Tuesdays, 10:15-11:45am
	<b>Iranian-Canadian Association</b> Iranian seniors meet to share conversation and learn about Canadian culture and customs.	Saturdays, 2:30-5:30pm
	<b>Spanish Conversation Group</b> Open to intermediate Spanish speakers who are interested in the language and culture	Wednesdays, 11am-1pm
<b>Sports &amp; Games</b>	<b>Badminton Club</b> Club is fully registered for 2023. Contact the centre to find out about Fall registration for the 2024 playing year.	Mondays, 11:40am-3pm Wednesdays, 12:30-3pm Fridays, 1:30-3:30pm
	<b>Snooker</b> Enjoy a friendly game of snooker on one of our fine tables — someone is usually available for a game. Group fees are \$40.00 per year.	Tables available during centre hours.
	<b>Table Tennis</b> Play your favourite game with friends.	Tuesdays, 7:15-9:15am Thursdays, 7:30-9:15am Fridays, 11:40am-1:30pm



## Alertable: Public Alerting System

Don't miss an emergency alert from the City of Burnaby. Stay aware and plan ahead—Burnaby is now on the Alertable notification network. These notifications allow the City to inform subscribed users of actions to take during critical emergencies.

The Alertable app is free and can be downloaded from your mobile phone, tablet, computer or smart speaker. You can sign up for email, text (SMS) and phone call notifications. Choose the notification option, or combination of options, that is right for you.

[Burnaby.ca/Alertable](http://Burnaby.ca/Alertable)

ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
<b>Adult</b>					
<b>Weight Training</b>					
Small Group Training	14 yrs+	Jan 12	F, 1-2pm (5)	\$135.95	18603
Small Group Training	14 yrs+	Jan 23	Tu, 11am-noon (5)	\$135.95	18604
Weight Training for Healthy Bones	40 yrs+	Jan 16	Tu, 10-11am (4)	\$37.92	18606
Weight Training for Healthy Bones	40 yrs+	Feb 20	Tu, 10-11am (4)	\$37.92	18607
<b>Yoga</b>					
Active Aging: Chair Yoga	40 yrs+	Jan 15	M, 9:15-10:15am (10)	\$91.70	17636
Active Aging: Chair Yoga	40 yrs+	Jan 16	Tu, 11:15am-12:15pm (11)	\$100.87	17656
Active Aging: Chair Yoga	40 yrs+	Jan 19	F, 10:15-11:15am (10)	\$97.70	17674
Active Aging: Yoga	40 yrs+	Jan 15	M, 10:15-11:15am (10)	\$97.70	17637
Active Aging: Yoga	40 yrs+	Jan 16	Tu, 1:45-2:45pm (11)	\$100.87	18808
Active Aging: Yoga	40 yrs+	Jan 19	F, 11:30am-12:30pm (10)	\$91.70	18810
Active Aging: Yoga Gentle	40 yrs+	Jan 16	Tu, 12:30-1:30pm (11)	\$100.87	17657
Active Aging: Yoga Gentle	40 yrs+	Jan 19	F, 9-10am (10)	\$91.70	17673
Pilates	14 yrs+	Jan 13	Sa, 9-10am (5)	\$65.40	18587
Pilates	14 yrs+	Jan 15	M, 6:15-7:15pm (5)	\$65.40	18568
Pilates	14 yrs+	Feb 24	Sa, 9-10am (5)	\$65.40	18590
Pilates	14 yrs+	Feb 26	M, 6:15-7:15pm (5)	\$65.40	18589
Yoga & Pilates: Fusion	14 yrs+	Jan 16	Tu, 6-7:15pm (5)	\$59.25	17223
Yoga & Pilates: Fusion	14 yrs+	Jan 16	Tu, 7:30-8:45pm (5)	\$59.25	18394
Yoga & Pilates: Fusion	14 yrs+	Feb 20	Tu, 6-7:15pm (6)	\$71.10	17226
Yoga & Pilates: Fusion	14 yrs+	Feb 20	Tu, 7:30-8:45pm (6)	\$71.10	18428
Yoga: Hatha	14 yrs+	Jan 11	Th, 7-8:15pm (6)	\$68.78	18592
Yoga: Hatha	14 yrs+	Feb 22	Th, 7-8:15pm (6)	\$68.78	18593

For up to date  
facility hours  
and addresses, visit  
[Burnaby.ca/Centres](http://Burnaby.ca/Centres)

## Youth

### Indoor Cycling

Youth Cycle & Strength	14-18 yrs	Feb 22	Th, 4-5pm (4)	\$27.60	18678
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### Weight Training

Strength & Conditioning for Youth Females	13-16 yrs	Jan 30	Tu, 4-5pm (4)	\$27.60	18608
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## Preschool

### Early Learning

ABC Active Adventures	3-5 yrs	Jan 9	Tu, 12:30-2:30pm (10)	\$145.00	19054
Babytime Music & Movement*	4-11 mos	Feb 1	Th, 9:30-10am (5)	\$18.15	20932
Babytime Music & Movement*	11-23 mos	Feb 1	Th, 10:15-11am (5)	\$27.20	20934
Busy Bees: Adult Participation**	10 mos-5 yrs	Jan 11	Th, 9-10:30am (10)	\$85.50	19058
Busy Bees: Adult Participation**	10 mos-5 yrs	Jan 11	Th, 11am-12:30pm (10)	\$85.50	19062
Double the Fun for Preschoolers	3-5 yrs	Jan 12	F, 12:30-2:30pm (10)	\$145.00	19074
Get Ready for Kindergarten	4-5 yrs	Jan 9	Tu, 9:30-11:30am (10)	\$178.00	19051
Play to Learn Preschool	3-5 yrs	Jan 8	M, 9:30-11:30am (9)	\$130.50	19041
Play to Learn Preschool	3-5 yrs	Jan 12	F, 9:30-11:30am (10)	\$145.00	19068
Silly Scientists	3-5 yrs	Jan 8	M, 12:30-2:30pm (9)	\$160.20	19092
Sports & Games: Variety	4-5 yrs	Jan 13	Sa, 11-11:45am (9)	\$48.94	19119
Sports & Games: Variety	4-5 yrs	Jan 13	Sa, noon-12:45pm (9)	\$48.94	19123
Sports & Games: Variety	3 yrs	Jan 13	Sa, 10:15-10:45am (9)	\$32.63	19114
Tot-school of Rock*	2-3 yrs	Feb 1	Th, 11:15am-noon (5)	\$27.20	20935

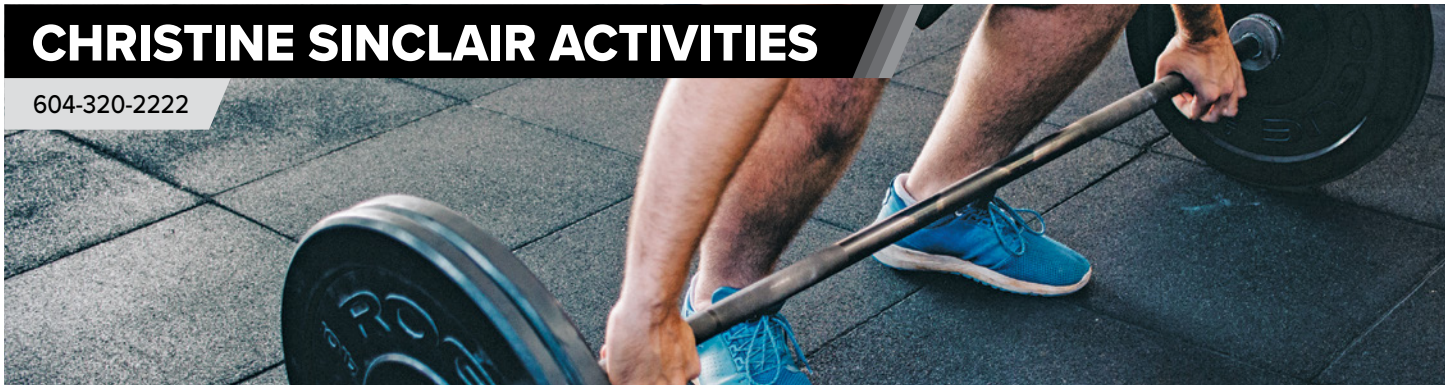
\*Shadbolt in Your Community

23 \*\*Half price for the second child in the same family. Phone or in-person registration only.

Winter 2024 | [Burnaby.ca/WebReg](http://Burnaby.ca/WebReg)

# CHRISTINE SINCLAIR ACTIVITIES

604-320-2222



ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
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## Adult

### Group Fitness

Barre Fitness	14 yrs+	Jan 2	Tu, 5-6pm (5)	\$45.85	19623
Barre Fitness	14 yrs+	Feb 1	Th, noon-1pm (5)	\$45.85	19621
Barre Fitness	14 yrs+	Feb 6	Tu, 5-6pm (4)	\$36.68	19624
Barre Fitness	14 yrs+	Mar 5	Tu, 5-6pm (4)	\$36.68	19625
Barre Fitness	14 yrs+	Mar 7	Th, noon-1pm (4)	\$36.68	19622
Bootcamp Circuit	14 yrs+	Jan 4	Th, 8-9am (4)	\$28.84	19674
Bootcamp Circuit	14 yrs+	Jan 4	Th, noon-1pm (4)	\$28.84	19677
Bootcamp Circuit	14 yrs+	Feb 1	Th, 8-9am (5)	\$36.05	19675
Bootcamp Circuit	14 yrs+	Feb 1	Th, noon-1pm (5)	\$36.05	19678
Bootcamp Circuit	14 yrs+	Mar 7	Th, 8-9am (4)	\$28.84	19676
Bootcamp Circuit	14 yrs+	Mar 7	Th, noon-1pm (4)	\$28.84	19679
Cycle & TRX: All Levels	14 yrs+	Jan 2	Tu, 4:45-5:45pm (5)	\$36.05	19665
Cycle & TRX: All Levels	14 yrs+	Jan 4	Th, 5:15-6:15pm (4)	\$28.84	19666
Cycle & TRX: All Levels	14 yrs+	Feb 1	Th, 5:15-6:15pm (5)	\$36.05	19669
Cycle & TRX: All Levels	14 yrs+	Feb 6	Tu, 4:45-5:45pm (4)	\$28.84	19667
Cycle & TRX: All Levels	14 yrs+	Mar 5	Tu, 4:45-5:45pm (4)	\$28.84	19668
Cycle & TRX: All Levels	14 yrs+	Mar 7	Th, 5:15-6:15pm (4)	\$28.84	19670
TRX® Plus	14 yrs+	Jan 9	Tu, 8-9am (4)	\$21.63	20325
TRX® Plus	14 yrs+	Feb 6	Tu, 8-9am (4)	\$28.84	20326
TRX® Plus	14 yrs+	Mar 5	Tu, 8-9am (4)	\$28.84	20327
TRX® Plus: All Levels	14 yrs+	Jan 2	Tu, 1-1:45pm (5)	\$36.05	19646
TRX® Plus: All Levels	14 yrs+	Jan 4	Th, 6:30-7:15pm (4)	\$28.84	19647
TRX® Plus: All Levels	14 yrs+	Jan 8	M, 12:15-1pm (4)	\$28.84	19645
TRX® Plus: All Levels	14 yrs+	Feb 1	Th, 6:30-7:15am (5)	\$36.05	19652
TRX® Plus: All Levels	14 yrs+	Feb 5	M, 12:15-1pm (4)	\$28.84	19648
TRX® Plus: All Levels	14 yrs+	Feb 6	Tu, 1-1:45pm (4)	\$28.84	19650
TRX® Plus: All Levels	14 yrs+	Mar 4	M, 12:15-1pm (4)	\$28.84	19649
TRX® Plus: All Levels	14 yrs+	Mar 5	Tu, 1-1:45pm (4)	\$28.84	19651
TRX® Plus: All Levels	14 yrs+	Mar 7	Th, 6:30-7:15pm (4)	\$28.84	19653

### Group Fitness

Boxing Interval Drills	14 yrs+	Jan 6	Sa, 9-10am (4)	\$37.92	19632
Boxing Interval Drills	14 yrs+	Feb 3	Sa, 9-10am (4)	\$37.92	19636
Boxing Interval Drills	14 yrs+	Mar 2	Sa, 9-10am (5)	\$47.40	19637

### Weight Training

Weight Training: Beginner	16 yrs+	Jan 6	Sa, 1:30-2:30pm (4)	\$37.92	19654
Weight Training: Beginner	16 yrs+	Feb 3	Sa, 1:30-2:30pm (4)	\$37.92	19656
Weight Training: Beginner	16 yrs+	Mar 2	Sa, 1:30-2:30pm (5)	\$47.40	19657
Weight Training: Strength & Conditioning	16 yrs+	Jan 3	W, 2-3pm (5)	\$47.40	19655
Weight Training: Strength & Conditioning	16 yrs+	Feb 7	W, 2-3pm (4)	\$37.92	19658
Weight Training: Strength & Conditioning	16 yrs+	Mar 6	W, 2-3pm (4)	\$37.92	19659



ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
<b>Adult</b>					
<b>Yoga</b>					
Iyengar yoga	14 yrs+	Jan 2	Tu, noon-1pm (5)	\$45.85	19629
Iyengar yoga	14 yrs+	Jan 5	F, 4-5pm (4)	\$36.68	19626
Iyengar yoga	14 yrs+	Feb 2	F, 4-5pm (4)	\$36.68	19627
Iyengar yoga	14 yrs+	Feb 6	Tu, noon-1pm (4)	\$36.68	19630
Iyengar yoga	14 yrs+	Mar 1	F, 4-5pm (5)	\$45.85	19628
Iyengar yoga	14 yrs+	Mar 5	Tu, noon-1pm (4)	\$36.68	19631
Pilates	16 yrs+	Jan 2	Tu, 6:15-7:15pm (5)	\$65.40	19661
Pilates	16 yrs+	Feb 6	Tu, 6:15-7:15pm (4)	\$52.32	19664
Pilates	14 yrs+	Jan 4	Th, 1:15-2:15pm (4)	\$52.32	19660
Pilates	14 yrs+	Feb 1	Th, 1:15-2:15pm (5)	\$65.40	19662
Pilates	14 yrs+	Mar 7	Th, 1:15-2:15pm (4)	\$52.32	19663
<b>Youth</b>					
<b>Personal Development</b>					
Babysitter's Training	11-15 yrs	Jan 24	W, 6-8pm (6)	\$89.90	19547
KidzConnect	8-13 yrs	Jan 12	F, 5:30-7:30pm (5)	\$33.20	16448
KidzConnect	8-13 yrs	Feb 16	F, 5:30-7:30pm (6)	\$39.84	18737
<b>Child</b>					
<b>Camps</b>					
Burnaby Spring Break Camp	5-11 yrs	Mar 18	M-F, 9am-3pm (5)	\$157.50	18836
Burnaby Spring Break Camp	5-11 yrs	Mar 25	M-Th, 5-7pm (4)	\$126.00	18839
Pro-D Day Camp	5-11 yrs	Feb 16	F, 9am-3pm (1)	\$31.50	18762
<b>Cooking &amp; Food</b>					
Ready, Set, Cook!	8-12 yrs	Jan 9	Tu, 3:30-5:30pm (6)	\$89.88	18759
Ready, Set, Cook!	8-12 yrs	Jan 11	Th, 5-7pm (6)	\$89.88	16449
Ready, Set, Cook!	8-12 yrs	Feb 20	Tu, 3:30-5:30pm (6)	\$89.88	18761
<b>Crafts</b>					
Art Attack!	6-12 yrs	Jan 11	Th, 7-8:30pm (8)	\$39.84	16442
<b>Dance</b>					
Modern Dance: Beginner*	6-9 yrs	Jan 20	Sa, noon-1pm (8)	\$68.50	18139
<b>Games</b>					
Artsy Engineers	7-12 yrs	Feb 24	Sa, 1:30-3pm (5)	\$175.00	19538
BioChem Explorers	7-12 yrs	Feb 24	Sa, 3:30-5pm (5)	\$175.00	19541
Budding Engineers	7-12 yrs	Jan 13	Sa, 1:30-3pm (5)	\$175.00	19539
Chess, Cards and Games Club	6-12 yrs	Jan 8	M, 3:30-5pm (8)	\$34.86	16445
Chess, Cards and Games Club	6-12 yrs	Jan 10	W, 3:30-5pm (8)	\$39.84	19559
Electric Explorers	7-12 yrs	Jan 13	Sa, 3:30-5pm (5)	\$175.00	19540
<b>Indoor / Gym Sports</b>					
Basketball Skills and Drills	9-12 yrs	Jan 12	F, 3:30-4:30pm (8)	\$50.45	21363
Floor Hockey	6-9 yrs	Jan 12	F, 3:30-4:30pm (8)	\$50.48	19543
Activity Code: Sports & Games	4-5 yrs	Jan 5	F, 11:15am-Noon (10)	\$54.38	20785
Soccer	9-12 yrs	Jan 10	W, 4:30-5:30pm (10)	\$56.79	18766
Soccer	6-9 yrs	Jan 10	W, 3:20-4:20pm (10)	\$56.79	18765

ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
<b>Child</b>					
<b>Theatre &amp; Film</b>					
Camera...Action!*	9-12 yrs	Jan 25	Th, 5-6:15pm (7)	\$74.90	18163
Creative Drama*	6-8 yrs	Jan 25	Th, 3:30-4:45pm (7)	\$74.90	18160
<b>Visual Arts</b>					
Book-time for Art*	7-11 yrs	Jan 24	W, 4:30-6pm (7)	\$89.90	18245
<b>Yoga</b>					
Yoga: for Kids	6-12 yrs	Jan 4	Th, 3:30-4:30pm (4)	\$29.00	19680
Yoga: for Kids	6-12 yrs	Jan 4	Th, 4:45-5:45pm (4)	\$29.00	19681
Yoga: for Kids	6-12 yrs	Feb 1	Th, 3:30-4:30pm (5)	\$36.25	19682
Yoga: for Kids	6-12 yrs	Feb 1	Th, 4:45-5:45pm (5)	\$36.25	19684
Yoga: for Kids	6-12 yrs	Mar 7	Th, 3:30-4:30pm (4)	\$29.00	19683
Yoga: for Kids	6-12 yrs	Mar 7	Th, 4:45-5:45pm (4)	\$29.00	19685

## Preschool

<b>Dance</b>					
Creative Ballet*	4-5 yrs	Jan 20	Sa, 10:15-11am (8)	\$51.35	18115
Creative Ballet*	4-5 yrs	Jan 25	Th, 11-11:45am (7)	\$44.95	18165
<b>Early Learning</b>					
Busy Bees: Adult Participation**	10 mos-5 yrs	Jan 8	M, 10-11:30am (10)	\$115.43	16444
Busy Bees: Adult Participation**	10 mos-5 yrs	Jan 10	W, 10-11:30am (10)	\$115.43	16443
Kinder Cooking	3-5 yrs	Jan 15	M, 12:30-2:30pm (8)	\$124.60	18830
Little Bunnies Easter Special: Adult Participation	18 mos-4 yrs	Mar 29	F, 10-11:30am (1)	\$14.84	18847
Silly Scientists	3-5 yrs	Jan 17	W, 12:30-2:30pm (8)	\$142.40	18834




## Early Years

<b>Dance</b>					
Creative Ballet*	3½ -5½ yrs	Jan 25	Th, 10:15-10:45am (7)	\$29.95	18161
Creative Ballet*	3 yrs	Jan 20	Sa, 11:15-11:45am (8)	\$34.25	18124
Creative Ballet*	3 yrs	Jan 25	Th, 9:30-10am (7)	\$29.95	18148
GroovaRoo™: Babywearing Dance*	2-16 mos	Jan 24	W, 12:45-1:30pm (7)	\$107.10	18171
Tiny Toes Dance: Adult Participation*	2-3 yrs	Jan 20	Sa, 9:30-10am (8)	\$29.00	18109
Tiny Toes Dance: Adult Participation*	2-3 yrs	Jan 25	Th, noon-12:30pm (7)	\$25.40	18167
<b>Music</b>					
Babytime Music & Movement: Adult Participation*	4-11 mos	Jan 23	Tu, 9:30-10am (7)	\$25.40	18140
Babytime Music & Movement: Adult Participation*	11-23 mos	Jan 23	Tu, 10:15-11am (7)	\$38.05	18147
Tot-School of Rock*	2-3 yrs	Jan 23	Tu, 11:15am-noon (7)	\$38.05	18155

### Stay in the know

Be the first to find out about programs and activities at our recreation facilities.

Sign up for eNews at [Burnaby.ca/eNews](http://Burnaby.ca/eNews), or follow us on:

-  [recreationburnaby](https://www.facebook.com/recreationburnaby)
-  [@burnabyparksrec](https://twitter.com/burnabyparksrec)
-  [burnabyrecreation](https://www.instagram.com/burnabyrecreation)



# CONFEDERATION ACTIVITIES

Phone 604-294-1936. Activities subject to change. Prices do not include tax. Additional fees may apply. For up to date information, visit [Burnaby.ca/Seniors](http://Burnaby.ca/Seniors)

ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
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**55+** Pricing varies based on activity, age and membership. Visit [Burnaby.ca/WebReg](http://Burnaby.ca/WebReg) and click on the activity for additional fee information.

## Dance

Ballroom Dance - Rhumba & Tango	55 yrs+	Jan 9	Tu, 7:45-8:45pm (10)	\$51.50	16516
Ballroom Dance - Samba & Westcoast Swing	55 yrs+	Jan 9	Tu, 6:30-7:30pm (10)	\$51.50	16515
Line Dance: Beginner	55 yrs+	Jan 16	Tu, 10:15-11:15am (10)	\$51.50	16512
Line Dance: Beginner	55 yrs+	Jan 16	Tu, 11:20am-12:20pm (10)	\$51.50	16513
Line Dance: Beginner Plus	55 yrs+	Jan 16	Tu, 12:30-1:30pm (10)	\$51.50	16514

## Day Trips

Canadian Museum of Flight (Langley)	55 yrs+	Mar 13	W, 9:30am-3pm (1)	\$36.33	18071
Dicken's Sweets & British Museum (Chilliwack)	55 yrs+	Feb 17	Sa, 10am-4:30pm (1)	\$42.02	18005
Let's do Lunch: Olive Garden (Langley)	55 yrs+	Jan 11	Th, 9:45am-2pm (1)	\$26.26	17959
Mandeville Gardens (Burnaby)	55 yrs+	Mar 26	Tu, 11am-2:30pm (1)	\$10.45	18008
Tsawwassen Mills	55 yrs+	Jan 25	Th, 9:30am-3pm (1)	\$27.17	18003

## Martial Arts

Tai Chi Sword Dance	55 yrs+	Jan 8	M, 1-2pm (11)	\$46.42	17903
Tai Chi: Beginner	55 yrs+	Jan 11	Th, 10:30-11:30am (5)	\$21.10	17899
Tai Chi: Beginner	55 yrs+	Feb 15	Th, 10:30-11:30am (7)	\$29.54	17900
Tai Chi: Intermediate	55 yrs+	Jan 11	Th, 11:45am-12:45pm (5)	\$21.10	17901
Tai Chi: Intermediate	55 yrs+	Feb 15	Th, 11:45am-12:45pm (7)	\$29.54	17902

## Visual Arts

Abstract Painting in Acrylic	55 yrs+	Feb 20	Tu, 12:30-3pm (6)	\$102.75	18956
Painting Oils & Acrylics	55 yrs+	Jan 9	Tu, 12:30-3pm (6)	\$102.75	18952
Sketching & Drawing	55 yrs+	Feb 20	Tu, 9:30am-noon (6)	\$102.75	18951
Watercolour Sketchbook	55 yrs+	Jan 9	Tu, 9:30am-noon (6)	\$102.75	18950

## Adult

### Group Fitness

Active Aging: Balance & Stability	40 yrs+	Jan 10	W, 12:45-1:45pm (12)	\$86.52	17904
Active Aging: Get Up & Go!	40 yrs+	Jan 12	F, 11:30am-12:30pm (5)	\$29.60	17912
Active Aging: Get Up & Go!	40 yrs+	Jan 12	F, 12:45-1:45pm (5)	\$29.60	17914
Active Aging: Get Up & Go!	40 yrs+	Feb 16	F, 11:30am-12:30pm (6)	\$35.92	17913
Active Aging: Get Up & Go!	40 yrs+	Feb 16	F, 12:45-1:45pm (6)	\$35.52	17915

### Markets

Flea Market	19 yrs+	Feb 17	Sa, 9:30am-1:30pm (3)	\$22.00	18012
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### Yoga

Active Aging: Chair Yoga	40 yrs+	Jan 10	W, 1-2pm (5)	\$45.85	17905
Active Aging: Chair Yoga	40 yrs+	Feb 14	W, 1-2pm (7)	\$64.19	17906
Active Aging: Yoga	40 yrs+	Jan 10	W, 2:15-3:15pm (5)	\$45.85	17907
Active Aging: Yoga	40 yrs+	Jan 12	F, 2:30-3:30pm (5)	\$45.85	17909
Active Aging: Yoga	40 yrs+	Feb 14	W, 2:15-3:15pm (7)	\$64.19	17908
Active Aging: Yoga	40 yrs+	Feb 16	F, 2:30-3:30pm (6)	\$55.02	17910

### 55+ membership

You can purchase a 55+ single centre or multi-centre membership to participate in 55+ activities. The single centre membership will allow you to participate in activities at one centre of your choice. Buy the multi-centre membership if you wish to participate at more than one centre. **For only \$20.30 a year**, access one centre of your choice. **For only \$50.75 a year**, access all four seniors' centres.

### Registered Activities

Registered activities are available to non-members. Please call your local centre for details.

# CONFEDERATION 55+ DROP-IN ACTIVITIES

Phone 604-294-1936

<b>Arts &amp; Crafts</b>	<b>Craft Group</b> This group of crafters makes handmade items to sell at events.	Mondays, noon-3pm
	<b>Woodcarving</b> Learn the basics of woodcarving and more.	Fridays, 10am-noon
	<b>Knitting</b> Learn knitting basics to create personal projects, contribute to community projects or donate to our Cozy Corner Store.	Tuesdays, 1-2:30pm
	<b>Cozy Corner Craft Store</b> The talent and creativity of members are evident in the quality handicrafts for sale in this unique store. Items made by centre members, local artisans and public crafters are sold on a consignment basis with a donation from each sale contributed to the Confederation Seniors' Association. New vendors welcome.	Mondays-Thursdays, 10am-2pm (based on volunteer availability)
	<b>Quilting</b> Join other quilting enthusiasts at our friendly drop-in sessions. Work on personal projects and/or group projects for fundraisers.	Mondays, 1-4pm
<b>Card &amp; Active Games</b> Play a game you love or learn a new one. Cancellations are possible due to holidays or other events. Haven't attended for a while? Please phone before you visit. Group fees apply	<b>Bingo</b>	Thursdays, 1-3:30pm
	<b>Bridge</b>	Fridays, 1-3:30pm
	<b>Briscola / Scala 40</b>	Monday-Friday, 12:30-4pm (variety of Italian card games)
	<b>Group 31</b>	Mondays, Wednesdays & Fridays, 1-3:30pm
	<b>Mah Jong</b>	Thursdays, 1:30-7pm
	<b>Poker</b>	Tuesdays, 6:30-9pm
	<b>Scrabble</b>	Thursdays, 9:30-11:30am
<b>Dance</b>	<b>Monday Night Dance</b> Come with a friend or on your own and have a memorable time at these weekly dances with live music (closed on statutory holidays). \$6.00 member, \$8.00 non-member.	Mondays, 6:30-9pm
<b>Music</b>	<b>Karaoke</b> 55+ and want to meet new friends while singing? Become a member of Confederation Seniors' Centre and come to sing using your favourite DVDs (any language) or our karaoke machine (90,000 songs). No registration. First come, first served.	Thursdays, 3:30-8pm
	<b>Ukulele</b> Come join the Ukulele Group and play your favourites. While help is given, the group is not instructional. Contact confedseniorsuke@gmail.com to join.	Mondays, 9:30am-noon
<b>Sports &amp; Games</b>	<b>Snooker</b> Enjoy a friendly game of snooker on one of our fine tables — someone is usually available for a game. Inquire about league play and group fees in the snooker room.	Tables available during centre hours.
	<b>Walking Group</b> Come join us as we embark around Confederation track and park.	Fridays, 10-11am
<b>Social Activities</b> Spend time with others who share your interests! For specific details, call the centre where each group meets.	<b>North Burnaby Retired Society</b> Adults 55+ are welcome to join activities such as Chinese dancing, exercises, tai chi, singing and special events. This group also hosts several annual events where everyone is welcome.	Wednesdays, 12:15-4:15pm & Saturdays, noon-4pm
	<b>Sakhi (Indo-Canadian Senior Women's Group)</b> Join women of Indo-Canadian descent for fun and friendship. Outings and/or speakers are sometimes arranged.	Tuesdays, 10am-noon
	<b>Book Club</b> Join us once a month as we discuss the books that the group has read.	3rd Thursday of each month 10-11:30am
	<b>Coffee Bar</b> Enjoy a fresh cup of coffee and a light snack or treat while visiting with others. Volunteer operated by the Confederation Seniors Association.	Monday-Friday, 9:30am-3pm

## Health Services Throughout the City

### Citizen Support Services

Citizen Support Services helps Burnaby seniors stay independent. Choose from grocery shop-by-phone, mall shopping, phone friend, in-home visitor, Gadabouts bus outings or lunch program. For more information or to become a volunteer, please call 604-294-7980.

## Tech Tips for Seniors

Enthusiastic student volunteers assist participants with their devices. Volunteers will assist seniors, helping them navigate cell phones, tablets, I-pads while teaching them shortcuts and other ways to make access to technology less intimidating. Saturdays, 11am-1pm, Drop-in, Free.

### Lifetime Membership

If you're 90 years or above and a Burnaby resident, you can apply for a lifetime membership. Please call your local centre for details.

# EDMONDS ACTIVITIES

604-297-4838



**ACTIVITY** **AGE** **STARTS** **TIME (Sessions)** **PRICE** **BARCODE**

**55+** Pricing varies based on activity, age and membership. Visit [Burnaby.ca/WebReg](http://Burnaby.ca/WebReg) and click on the activity for additional fee information.

## Dance

ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
Aerobic Dance	55 yrs+	Jan 17	W, 1:30-2:30pm (5)	\$25.75	16671
Aerobic Dance	55 yrs+	Feb 21	W, 1:30-2:30pm (4)	\$20.60	16672
Hip Hop Beginner	55 yrs+	Jan 15	M, 1:30-2:30pm (8)	\$41.20	16585
Line Dance: Beginner 1	55 yrs+	Jan 16	Tu, 2:30-3:30pm (10)	\$51.50	16587
Line Dance: Beginner 2	55 yrs+	Jan 16	Tu, 3:40-4:40pm (10)	\$51.50	16588

## Day Trips

ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
Aberdeen Centre Lunar New Year Flower & Gift Fair	55 yrs+	Feb 6	Tu, 10:30am-2:30pm (1)	\$15.60	18763
Capilano Salmon Hatchery	55 yrs+	Mar 14	Th, 9am-2:15pm (1)	\$18.45	17956
Flyover Canada	55 yrs+	Feb 29	Th, 10am-2:45pm (1)	\$55.85	18769
Vancouver Giants Game	55 yrs+	Feb 19	M, 12:15-6pm (1)	\$58.45	18707
Vancouver Maritime Museum	55 yrs+	Jan 23	Tu, 11pm-4:15am (1)	\$40.35	18748

## Martial Arts

ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
Qigong	55 yrs+	Jan 17	W, 11am-noon (9)	\$38.00	16678

## Music

ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
Guitar: Beginner	55 yrs+	Jan 10	W, 2:15-3:15pm (10)	\$85.60	16583
Guitar: Intermediate	55 yrs+	Jan 12	F, 2:15-3:15pm (10)	\$85.60	16584
Songwriting 101	55 yrs+	Jan 12	F, 1-2pm (5)	\$42.80	16674
Songwriting 101	55 yrs+	Feb 16	F, 1-2pm (5)	\$42.80	16677
Ukulele: Beginner	55 yrs+	Jan 18	Th, 2-3pm (9)	\$77.05	16627
Ukulele: Intermediate	55 yrs+	Jan 17	W, 1:30-2:30pm (9)	\$77.05	16628
Ukulele: Intermediate Plus	55 yrs+	Jan 16	Tu, 2:15-3:15pm (9)	\$77.05	16630

## Personal Development

ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
55+ Lifestyle Lecture: Alzheimer's and Dementia	55 yrs+	Jan 16	Tu, 1:15-2:15pm (1)	\$1.90	18709
55+ Lifestyle Lecture: Financial Scams for Seniors	55 yrs+	Mar 12	Tu, 10:30-11:30am (1)	\$1.90	18716
55+ Lifestyle Lecture: Healthy Eating for Seniors	55 yrs+	Jan 23	Tu, 1:15-2:15pm (1)	\$1.90	18722
55+ Lifestyle Lecture: Technology and Aging	55 yrs+	Mar 5	Tu, 1:15-2:15pm (1)	\$1.90	18723
Heart Health: Stroke & Transient Ischemic Attack (TIA)	55 yrs+	Feb 13	Tu, 10:30-11:30am (1)	\$1.90	18714
Spanish: Beginner 1	55 yrs+	Feb 22	Th, 9:30-11:30am (4)	\$38.70	16695
Spanish: Introduction	55 yrs+	Jan 18	Th, 9:30-11:30am (5)	\$48.40	16589



## 55+ membership

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### Lifetime Membership

If you're 90 years or above and a Burnaby resident, you can apply for a lifetime membership. Please call your local centre for details.

### Registered Activities

Registered activities are available to non-members. Please call your local centre for details.

<b>Arts &amp; Crafts</b>	<b>All Needlers</b> If you love to knit, crochet or needle point this group is for you. Some instruction is available. Group fees apply.	Wednesdays, 1:30-3:30pm
	<b>Open Arts Studio</b> If you're interested in any visual art; painting, sketching, card making, diamond painting or if you have just have fun playing with colour, come and enjoy working on your own project in our friendly, supportive environment. Some guidance available. Group fees apply.	Fridays, 1-3pm
<b>Card &amp; Active Games</b>	<b>Bingo</b> Card fees. Cards must be purchased by 12:15pm.	Sa, 12:30-3:30pm (3 Braille cards available)
	<b>Bombay Rummy</b> Group fees apply.	W, 10am-4pm & Sa, 11am-5pm.
	<b>Cribbage</b> Group fees apply.	M, 10am-noon
<b>Dance</b>	<b>Sang Rok Hae Korean Dance</b> Come with a friend or on your own to this lively dance group. Light refreshments included. \$2.00 member, \$3.00 non-member	Wednesdays, 1-3pm Sundays, 3:45-5:45pm
	<b>Social Dance</b> Come with a friend or on your own and have a memorable time at these weekly dances. Light refreshments included. \$2.00 member, \$3.00 non-member	Recorded Music: Mondays, 1:30-3:30pm Fridays, 1-3pm Sundays, 1-3pm
<b>Fitness Activities</b>	<b>Hiking</b> Enjoy an invigorating hike of 9.5 kilometres (six miles) or more. Previous hiking experience is recommended. Destinations are posted in the 55+ lounge. Carpooling arrangements can be made prior by contacting the group leader.	Thursdays, 8:45am (returning by 2:45pm)
<b>Music</b>	<b>Erhu</b> New members welcome; bring your <i>erhu</i> (a Chinese two-stringed bowed musical instrument) and a \$2.00 drop-in fee.	1st & 3rd Wednesdays, 6-9pm
	<b>Karaoke</b> Come join Edmonds 55+ Karaoke group for a fun afternoon singing your favourite songs. A friendly atmosphere awaits where you can socialize and share your experiences. Bring your favourite CD and our first class sound system will surely enhance your singing experience! First come, first served and drop-in rates apply. Group fees apply.	Sundays, 11am-4pm
	<b>Mellowdares (Sing-a-long Choir)</b> Join other singing enthusiasts in this choir for adults 55+. New members welcome. Group fees apply.	Wednesdays, 10:30am-noon
	<b>Metro Seniors' Band Practice</b> This group performs marches and big band music throughout the community. New members always welcome. The public is invited to listen and dance while the band practices. No fee.	Mondays, 3-5pm

## Social Activities

**South Asian Friendship Group** Join others of South Asian descent who speak Hindi or Punjabi for fun and friendship featuring guest speakers, outings, special events and tea. Group fees apply.

Women:  
Wednesdays, 10am-1pm

**Stamp Group** Time to dust off your stamp collection and come enjoy your old hobby with others who share your interest. No dealers, please, group fees apply.

1st Tuesday of each month  
10am-noon

## Sports & Games

**Snooker** Enjoy a friendly game of snooker on one of our four tables, someone is usually available for a game. Members are welcome to play anytime that the Centre is open throughout the week. Inquire at the snooker room regarding the annual membership fee.

Open during centre hours.

**Carpet Bowling** Group fees apply.

Wednesdays & Thursdays,  
1-3pm

**Table Tennis** Group fees apply.

Mondays, Wednesdays &  
Fridays, 8am-12:30pm

**Golf Group** Players of all levels are welcome! Meet at Central Park Pitch and Putt on Thursday mornings. For information call Susan 604-319-9544.

Thursdays, 8-10am  
(April-September)

**Badminton** City of Burnaby drop-in fee applies.

Visit [Burnaby.ca/Edmonds](http://Burnaby.ca/Edmonds)  
to view schedule

**Pickleball** City of Burnaby drop-in fee applies.

Visit [Burnaby.ca/Edmonds](http://Burnaby.ca/Edmonds)  
to view schedule

## Citizen Support Services

Citizen Support Services helps Burnaby seniors stay independent. Choose from grocery shop-by-phone, mall shopping, phone friend, in-home visitor, Gadabouts bus outings or lunch program. For more information or to become a volunteer, please call 604-294-7980.

# Introducing the new BurnabyConnect App

Available at:

Download on the App Store

GET IT ON Google Play

[Burnaby.ca/BurnabyConnectApp](http://Burnaby.ca/BurnabyConnectApp)



ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
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**55+** Pricing varies based on activity, age and membership. Visit [Burnaby.ca/WebReg](http://Burnaby.ca/WebReg) and click on the activity for additional fee information.

**Music**

Songwriting Intensive	55 yrs+	Mar 25	M-F, 12:45-1:45pm (5)	\$42.80	21057
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**Special Events & Holiday Activities**

Lunar New Year Luncheon	55 yrs+	Feb 8	Th, noon-2pm (1)	\$25.00	19216
New Members' Tea & Tour	55 yrs+	Jan 17	W, 10-11am (1)	No Fee	18917
New Members' Tea & Tour	55 yrs+	Feb 21	W, 10-11am (1)	No Fee	18918
New Members' Tea & Tour	55 yrs+	Mar 20	W, 10-11am (1)	No Fee	18919

**Visual Arts**

Acrylic Painting Workshop	55 yrs+	Jan 15	M, 9:30-11:30am (2)	\$25.60	16366
Acrylic Painting Workshop	55 yrs+	Jan 29	M, 9:30-11:30am (2)	\$25.60	17963
Art History Seminar: Gustav Klimt	55 yrs+	Jan 29	M, 1-2:30pm (1)	\$10.75	17966
Art History Seminar: Frida Kahlo	55 yrs+	Feb 5	M, 1-2:30pm (1)	\$10.75	17967
Art History Seminar: Claude Monet	55 yrs+	Feb 12	M, 1-2:30pm (1)	\$10.75	17968
Art History Seminar: Dale Chihuly	55 yrs+	Feb 26	M, 1-2:30pm (1)	\$10.75	17969
Art History Seminar: Elements of Art	55 yrs+	Mar 4	M, 1-2:30pm (1)	\$10.75	17970
Art History Seminar: Piet Mondrain	55 yrs+	Mar 11	M, 1-2:30pm (1)	\$10.75	17971
Drawing: Texture and Sketching Workshop	55 yrs+	Jan 18	Th, 9:30-11:30am (2)	\$25.60	16581
Mixed Media Workshop	55 yrs+	Feb 15	Th, 9:30-11:30am (2)	\$25.60	17974
Mixed Media Workshop	55 yrs+	Feb 29	Th, 9:30-11:30am (2)	\$25.60	17975
Oil Pastels Workshop	55 yrs+	Feb 1	Th, 9:30-11:30am (2)	\$25.60	17973
Watercolour Painting Workshop	55 yrs+	Feb 12	M, 9:30-11:30am (2)	\$25.60	16669
Watercolour Painting Workshop	55 yrs+	Mar 4	M, 9:30-11:30am (2)	\$25.60	17965



ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
<b>Adult</b>					
<b>Adapted Activities</b>					
Yoga: Adapted	18 yrs+	Jan 19	F, 10:30-11:45am (9)	\$66.60	16388
<b>Creative Writing</b>					
The Write Stuff! Creative Writing	19 yrs+	Jan 13	Sa, 6-7pm (8)	\$68.50	18184
<b>Dance</b>					
Ballet for Absolute Beginners	19 yrs+	Jan 12	F, 6:45-7:45pm (10)	\$85.60	18178
Burlesque Jazz	19 yrs+	Jan 8	M, 7:50-8:50pm (9)	\$77.05	19575
<b>Group Fitness</b>					
Osteo for Life	40 yrs+	Jan 16	Tu, Th, 9:15-10:15am (11)	\$65.10	16353
Osteo for Life	40 yrs+	Feb 27	Tu, Th, 9:15-10:15am (9)	\$53.30	16354
Osteofit	40 yrs+	Jan 16	Tu, Th, 10:30-11:30am (11)	\$65.10	16355
Osteofit	40 yrs+	Feb 27	Tu, Th, 10:30-11:30am (9)	\$53.30	16356
TRX® Suspension Training	16 yrs+	Jan 18	Th, 7-8pm (4)	\$36.68	16379
TRX® Suspension Training	16 yrs+	Jan 19	F, 7-8pm (4)	\$36.68	16381
TRX® Suspension Training	16 yrs+	Jan 21	Su, 9-10am (4)	\$36.68	16383
TRX® Suspension Training	16 yrs+	Feb 22	Th, 7-8pm (4)	\$36.68	16380
TRX® Suspension Training	16 yrs+	Feb 23	F, 7-8pm (4)	\$36.68	16382
TRX® Suspension Training	16 yrs+	Feb 25	Su, 9-10am (4)	\$36.68	16384
<b>Martial Arts</b>					
Tai Chi Kung Fu Fan	18 yrs+	Jan 20	Sa, 6-7:30pm (10)	\$113.55	16376
Tai Chi: Introduction	18 yrs+	Jan 17	W, 9-10:30am (9)	\$102.20	16378
Tai Chi: Introduction	18 yrs+	Jan 18	Th, 6-7:15pm (10)	\$94.63	16377
<b>Music</b>					
Guitar Group Lessons: Level 1	19 yrs+	Jan 10	W, 7:30-8:30pm (10)	\$160.70	19593
Guitar Group Lessons: Level 1	19 yrs+	Jan 12	F, 7:30-8:30pm (10)	\$160.70	19601
Guitar Group Lessons: Level 2	19 yrs+	Jan 11	Th, 6:50-7:50pm (10)	\$160.70	19595
The Joy of Singing	19 yrs+	Jan 10	W, 5:40-6:40pm (10)	\$85.60	18143
<b>Racquet Sports</b>					
Badminton Lessons: Small Group	19 yrs+	Jan 7	Su, 6:45-7:45pm (10)	\$134.40	18217
<b>Swimming</b>					
Adult 1	14 yrs+	Jan 10	W, 10:30-11:15am (10)	\$87.10	17500
Adult 1	14 yrs+	Jan 11	Th, noon-12:45pm (10)	\$87.10	17501
Adult 1	14 yrs+	Jan 13	Sa, 6-6:45pm (8)	\$70.20	17502
Adult 1	14 yrs+	Jan 14	Su, 8-8:45am (7)	\$70.20	17503
Adult 2	14 yrs+	Jan 10	W, 11:15am-noon (10)	\$87.00	17504
Adult 2	14 yrs+	Jan 13	Sa, 6:45-7:30pm (8)	\$70.20	17505
Adult 2	14 yrs+	Jan 14	Su, 8-8:45am (8)	\$70.20	17506

### Private music and voice lessons

We offer quality one-on-one and semi-private voice lessons and music instruction in piano, violin, classical guitar, acoustic guitar, ukulele, saxophone, flute and voice. Register online at [Burnaby.ca/WebReg](http://Burnaby.ca/WebReg)

For more information, contact Edmonds Community Centre. Phone Andrea at 604-297-4905 or email [andrea.anthony@burnaby.ca](mailto:andrea.anthony@burnaby.ca)

ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
<b>Adult</b>					
<b>Theatre &amp; Film</b>					
Improv 101	19 yrs+	Jan 22	M, 8-9pm (7)	\$59.90	18100
<b>Visual Arts</b>					
Drawing for Absolute Beginners	19 yrs+	Jan 14	Su, 6-7:15pm (8)	\$95.60	19586
Drawing for Absolute Beginners	19 yrs+	Feb 13	Tu, 7-8:15pm (4)	\$52.80	18134
Paint Night: Snowy Starry Night	19 yrs+	Jan 19	F, 6:30-8:30pm (1)	\$22.10	19160
Paint Night: Floating Lanterns	19 yrs+	Feb 16	F, 6:30-8:30pm (1)	\$22.10	19166
Paint Night: Bees & Tulips	19 yrs+	Mar 15	F, 6:30-8:30pm (1)	\$22.10	19167
<b>Weight Training</b>					
Strength Training 1 for Females	18 yrs+	Jan 18	Th, 10:15-11:30am (3)	\$35.55	16373
Strength Training 1 for Females	18 yrs+	Mar 7	Th, 10:15-11:30am (3)	\$35.55	16374
Strength Training 2 for Females	18 yrs+	Feb 15	Th, 10:15-11:30am (3)	\$35.55	16375
Weight Training for Healthy Bones	19 yrs+	Jan 30	Tu, 11am-noon (4)	\$37.92	16386
Weight Training: Strength & Conditioning	19 yrs+	Jan 30	Tu, 9:30-10:30am (4)	\$37.92	16387
<b>Yoga</b>					
Active Aging: Chair Yoga	40 yrs+	Jan 15	M, 11am-noon (8)	\$73.35	16352
Active Aging: Chair Yoga	40 yrs+	Jan 19	F, noon-1pm (9)	\$82.55	16351
Yoga: Gentle	16 yrs+	Jan 16	Tu, 7:30-8:45pm (10)	\$114.63	16391
Yoga: Gentle	16 yrs+	Jan 21	Su, 8:30-9:45am (8)	\$91.70	16392
Yoga: Hatha	16 yrs+	Jan 15	M, 9:30-10:45am (8)	\$91.70	16395
Yoga: Hatha	16 yrs+	Jan 18	Th, 12:30-1:45pm (8)	\$91.70	20981
Yoga: Hatha	16 yrs+	Jan 18	Th, 7:30-8:45pm (10)	\$114.63	16393
Yoga: Hatha	16 yrs+	Jan 19	F, 9-10:15am (9)	\$103.16	16394
<b>Youth</b>					
<b>Creative Writing</b>					
Young Adulting: Creative Writing	13-18 yrs	Jan 13	Sa, 4:45-5:45pm (8)	\$68.50	18183
<b>Day Trips</b>					
Pro-D Day Camp: Laser Tag and Swim	10-12 yrs	Feb 16	F, 9am-3pm (1)	\$45.00	19570
<b>Music</b>					
Dungeons & Dragons: Spring Break	13-18 yrs	Mar 25	M-F, 4:15-6:15pm (5)	\$85.60	19124
Guitar Group Lessons: Level 1	13-18 yrs	Jan 12	F, 6:25-7:25pm (10)	\$160.70	19600
Songwriting Intensive: Spring Break	13-18 yrs	Mar 25	M-F, 10-11am (5)	\$42.80	19116
<b>Personal Development</b>					
Babysitter's Training	11-15 yrs	Jan 13	Sa, 12:30-3:30pm (4)	\$89.90	19560
Babysitter's Training	11-15 yrs	Feb 24	Sa, 12:30-3:30pm (4)	\$89.90	19562
Youth Leadership Certificate Course Orientation	14-18 yrs	Jan 13	Sa, 2-3pm (1)	No Fee	18645
<b>Racquet Sports</b>					
Badminton Lessons: Intermediate / Advanced	13-18 yrs	Jan 7	Su, 8-9pm (5)	\$44.55	18190
Badminton Lessons: Intermediate / Advanced	13-18 yrs	Feb 18	Su, 8-9pm (4)	\$35.64	18237
Badminton Lessons: Introduction	13-18 yrs	Jan 6	Sa, 8-9pm (5)	\$44.55	18188
Badminton Lessons: Introduction	13-18 yrs	Feb 17	Sa, 8-9pm (4)	\$35.64	18234
Badminton Lessons: Small Group	13-18 yrs	Jan 7	Su, 5:30-6:30pm (10)	\$89.10	18216



ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
<b>Youth</b>					
<b>Swimming</b>					
Bronze Star	12-17 yrs	Jan 14	Su, 2:30-4pm (8)	\$115.00	18816
Bronze Cross	13 yrs+	Jan 11	Th, 4:30-7pm (10)	\$215.00	18813
Bronze Medallion	13 yrs+	Jan 14	Su, 11:30am-2:30pm (8)	\$215.00	18811
Stroke Improvement & Fitness	12-15 yrs	Jan 13	Sa, 6:30-7:15pm (8)	\$55.00	17507
<b>Visual Arts</b>					
Drawing & Cartooning	13-17 yrs	Jan 14	Su, 12:30-1:45pm (8)	\$85.60	19025
Drawing for Manga & Anime	13-17 yrs	Jan 16	Tu, 7-8:15pm (4)	\$42.80	18132
<b>Weight Training</b>					
Strength & Conditioning for Youth Females	14-17 yrs	Jan 27	Sa, 11am-noon (3)	\$20.70	16372
Weight Training	14-17 yrs	Feb 24	Sa, 11am-noon (3)	\$20.70	16385

## Child

<b>Camps</b>					
Exclusively...ARTS!	9-12 yrs	Mar 18	M-F, 9am-3pm (5)	\$283.50	19087
Exclusively...ARTS!	7-8 yrs	Mar 18	M-F, 9am-3pm (5)	\$283.50	19085
Exclusively...ARTS!	6 yrs	Mar 18	M-F, 9am-3pm (5)	\$283.50	19084
Exclusively...ARTS! Camp 1:1 Support*	6-12 yrs	Mar 18	M-F, 9am-3pm (5)	\$283.50	19089
Pro-D Day Camp	5-11 yrs	Feb 16	F, 9am-3pm (1)	\$31.50	17958
Pro-D Day Camp 1:1 Support*	5-11 yrs	Feb 16	F, 9am-3pm (1)	\$31.50	17961
Spring Break Camp	5-11 yrs	Mar 18	M-F, 9am-3pm (5)	\$157.50	17962
Spring Break Camp	5-11 yrs	Mar 25	M-Th, 9am-3pm (4)	\$126.00	17964
Spring Break Camp 1:1 Support*	5-11 yrs	Mar 25	M-Th, 9am-3pm (4)	\$126.00	18242
<b>Cooking &amp; Food</b>					
Baking Basics	10-12 yrs	Jan 13	Sa, 10:30-11:45am (4)	\$37.45	19564
Baking Basics	10-12 yrs	Feb 10	Sa, 10:30-11:45am (4)	\$37.45	19565
<b>Creative Writing</b>					
Storybuilding	8-11 yrs	Jan 13	Sa, 10:45-11:45am (8)	\$68.50	18181
Word Play: Creative Writing	6-8 yrs	Jan 13	Sa, 9:15-10:15am (8)	\$68.50	18180



ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
<b>Child</b>					
<b>Dance</b>					
Acro Dance 1 Mid-Term	8-12 yrs	Jan 8	M, 5:40-6:40pm (18)	\$189.10	19561
Acro Dance: Introduction	7-10 yrs	Jan 8	M, 3:30-4:30pm (9)	\$77.05	18101
Acro Dance: Introduction	9-12 yrs	Jan 8	M, 4:35-5:35pm (9)	\$77.05	18102
Ballet for Beginners	9-12 yrs	Jan 13	Sa, 11:30am-12:30pm (8)	\$68.50	19011
Ballet Technique: Spring Break Intensive	8-10 yrs	Mar 25	M-F, 1:55-2:55pm (5)	\$42.80	19127
Broadway Dance: Musical Theatre Mid Term	8-11 yrs	Jan 13	Sa, 4:20-5:20pm (16)	\$171.95	19182
Creative Ballet: Spring Break	8-10 yrs	Mar 25	M-F, 12:45-1:45pm (5)	\$42.80	19107
Creative Ballet: Spring Break	6-8 yrs	Mar 25	M-F, 11:25am-12:25pm (5)	\$42.80	19104
Hip Hop	8-9 yrs	Jan 12	F, 5:25-6:25pm (8)	\$68.50	18170
Hip Hop	6-7 yrs	Jan 12	F, 4:20-5:20pm (8)	\$68.50	18169
Jazz: Mid Term	6-8 yrs	Jan 13	Sa, 3:15-4:15pm (16)	\$171.95	19178
Kinder Ballet	5 yrs	Jan 9	Tu, 3:40-4:40pm (10)	\$85.60	18129
Little Hip Hoppers	5-6 yrs	Jan 12	F, 3:30-4:15pm (8)	\$51.35	18168

## Games

LEGO® Mania	6-10 yrs	Jan 10	W, 4:30-5:30pm (10)	\$33.20	19065
LEGO® Mania	6-10 yrs	Jan 10	W, 5:45-6:45pm (10)	\$33.20	19064

## Indoor / Gym Sports

Basketball	9-11 yrs	Jan 11	Th, 4:45-5:45pm (5)	\$31.55	18924
Basketball	6-8 yrs	Jan 11	Th, 3:30-4:30pm (5)	\$31.55	18923
Basketball Skills & Drills	10-12 yrs	Jan 11	Th, 5-6pm (5)	\$31.55	19556
Basketball Skills & Drills	10-12 yrs	Feb 15	Th, 5-6pm (5)	\$31.55	19558
Soccer	6-8 yrs	Jan 8	M, 3:30-4:30pm (9)	\$56.80	20969
Soccer	9-11 yrs	Jan 8	M, 4:45-5:45pm (9)	\$56.80	20973
Soccer	9-11 yrs	Feb 15	Th, 4:45-5:45pm (5)	\$31.55	18930
Soccer	6-8 yrs	Feb 15	Th, 3:30-4:30pm (5)	\$31.55	18931
Volleyball Lessons: Beginner	10-12 yrs	Jan 9	Tu, 5-6pm (5)	\$31.55	19550
Volleyball Lessons: Beginner	10-12 yrs	Feb 13	Tu, 5-6pm (5)	\$31.55	19552

## Martial Arts

Karate Kids 1	6-12 yrs	Jan 31	W, 3:20-4:20pm (6)	\$41.40	19027
Karate Kids 2	6-12 yrs	Jan 31	W, 4:25-5:25pm (6)	\$41.40	19033

## Music

Guitar: Group Lessons - Level 1	9-13 yrs	Jan 7	Su, 11:30am-12:30pm (9)	\$144.65	19599
Guitar: Group Lessons - Level 1	9-13 yrs	Jan 11	Th, 5:45-6:45pm (10)	\$160.70	19594
Singing & Music Basics	6-8 yrs	Jan 11	Th, 6:25-7:25pm (10)	\$85.60	18158
Songwriting Intensive: Spring Break	9-12 yrs	Mar 25	M-F, 11:15am-12:15pm (5)	\$42.80	19118
Ukulele Group Lessons: Level 1	7-10 yrs	Jan 7	Su, 1:50-2:50pm (9)	\$77.05	19596
Ukulele Group Lessons: Level 2	7-10 yrs	Jan 7	Su, 3:30-4:30pm (9)	\$77.05	19597
Ukulele: Group Lessons: Level 1	7-10 yrs	Jan 10	W, 6:25-7:25pm (10)	\$85.60	19592
Ukulele: Group Lessons: Level 1	7-10 yrs	Jan 11	Th, 3:30-4:30pm (10)	\$85.60	18159
Young Voices	8-11 yrs	Jan 10	W, 4:35-5:35pm (10)	\$85.60	18142
Young Voices	7-9 yrs	Jan 13	Sa, 1:45-2:45pm (8)	\$68.50	18989
Young Voices	6-7 yrs	Jan 10	W, 3:30-4:30pm (10)	\$85.60	18141

## Racquet Sports

Badminton Lessons: Intermediate / Advanced	8-12 yrs	Jan 2	Tu, 4:50-5:50pm (5)	\$44.55	18196
Badminton Lessons: Intermediate / Advanced	8-12 yrs	Feb 13	Tu, 4:50-5:50pm (4)	\$35.64	18226
Badminton Lessons: Intermediate / Advanced	8-12 yrs	Feb 17	Sa, 6:45-7:45pm (4)	\$35.64	18233
Badminton Lessons: Intermediate / Advanced	8-12 yrs	Jan 6	Sa, 6:45-7:45pm (5)	\$44.55	18185

ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
<b>Child</b>					
<b>Racquet Sports</b>					
Badminton Lessons: Introduction	6-12 yrs	Jan 2	Tu, 3:45-4:45pm (5)	\$44.55	18193
Badminton Lessons: Introduction	6-12 yrs	Jan 6	Sa, 5:30-6:30pm (5)	\$44.55	18179
Badminton Lessons: Introduction	6-12 yrs	Feb 13	Tu, 3:45-4:45pm (4)	\$35.64	18221
Badminton Lessons: Introduction	6-12 yrs	Feb 17	Sa, 5:30-6:30pm (4)	\$35.64	18229
Badminton Lessons: Small Group	9-12 yrs	Jan 7	Su, 4:15-5:15pm (10)	\$89.10	18212
Badminton Lessons: Small Group	6-8 yrs	Jan 7	Su, 3-4pm (10)	\$89.10	18210
<b>Theatre &amp; Film</b>					
Drama Adventures	6-8 yrs	Jan 22	M, 4:35-5:35pm (7)	\$59.90	18080
Drama Adventures: Spring Break	7-9 yrs	Mar 25	M-F, 10:35-11:35am (5)	\$42.80	19554
Drama: Games & Improv	9-12 yrs	Jan 22	M, 5:40-6:40pm (7)	\$59.90	18083
Musical Theatre - Drama: Spring Break	9-12 yrs	Mar 25	M-F, 11:45am-1:15pm (5)	\$64.20	19555
Musical Theatre: Drama	9-13 yrs	Jan 22	M, 6:45-7:45pm (7)	\$59.90	18087
<b>Visual Arts</b>					
Art & Phonics	5 yrs	Jan 9	Tu, 3:30-4:30pm (5)	\$42.80	18111
Art & Phonics	5 yrs	Feb 13	Tu, 3:30-4:30pm (5)	\$42.80	18112
Comic Book Workshop	6-8 yrs	Feb 16	F, 9-11am (1)	\$17.10	19174
Drawing & Cartooning	9-12 yrs	Jan 14	Su, 11am-12:15pm (8)	\$85.60	19023
Drawing & Cartooning	9-12 yrs	Jan 16	Tu, 5:30-6:45pm (8)	\$85.60	18131
Drawing & Cartooning	6-8 yrs	Jan 14	Su, 9:30-10:45am (8)	\$85.60	19022
Drawing & Cartooning	6-8 yrs	Jan 14	Su, 3-4:15pm (8)	\$85.60	19583
Drawing & Cartooning	6-8 yrs	Jan 16	Tu, 4-5:15pm (8)	\$85.60	18130
Drawing for Manga & Anime	9-12 yrs	Jan 14	Su, 4:30-5:45pm (8)	\$85.60	19585
Drawing, Painting & Collage	9-12 yrs	Jan 13	Sa, 1-2pm (8)	\$68.50	18187
Drawing, Painting & Collage	8-11 yrs	Jan 14	Su, 1:15-2:15pm (8)	\$85.60	19020
Drawing, Painting & Collage	6-8 yrs	Jan 9	Tu, 5-6pm (5)	\$42.80	18116
Drawing, Painting & Collage	6-8 yrs	Jan 13	Sa, 11:30am-12:30pm (8)	\$68.50	18189
Drawing, Painting & Collage	6-7 yrs	Jan 14	Su, noon-1pm (8)	\$68.50	19018
<b>Preschool</b>					
<b>Dance</b>					
Creative Ballet	3-4 yrs	Jan 12	F, 2:45-3:15pm (10)	\$42.80	18174
Creative Ballet	3-4 yrs	Jan 9	Tu, 3:05-3:35pm (10)	\$42.80	18128
Creative Ballet	3 <sup>1</sup> / <sub>2</sub> -4 <sup>1</sup> / <sub>2</sub> yrs	Jan 14	Su, 12:05-12:35pm (8)	\$34.25	19582
Creative Ballet	3 <sup>1</sup> / <sub>2</sub> -4 <sup>1</sup> / <sub>2</sub> yrs	Jan 16	Tu, 11:30am-12:15pm (8)	\$51.35	18127
Creative Ballet	3 <sup>1</sup> / <sub>2</sub> -4 <sup>1</sup> / <sub>2</sub> yrs	Jan 11	Th, 10:40-11:25am (10)	\$64.20	18146
Creative Ballet	3 <sup>1</sup> / <sub>2</sub> -4 <sup>1</sup> / <sub>2</sub> yrs	Jan 13	Sa, 1:50-2:20pm (8)	\$34.25	18997
Creative Ballet	3 <sup>1</sup> / <sub>2</sub> -4 <sup>1</sup> / <sub>2</sub> yrs	Jan 16	Tu, 10:55-11:25am (8)	\$34.25	18125
Creative Ballet	4-5 yrs	Jan 13	Sa, 1-1:45pm (8)	\$51.35	18993
Creative Ballet: Spring Break	4-5 yrs	Mar 25	M-F, 9:45-10:30am (5)	\$32.10	19094
Creative Ballet: Spring Break	4-5 yrs	Mar 25	M-F, 10:35-11:20am (5)	\$32.10	19096
Creative Dance	3 <sup>1</sup> / <sub>2</sub> -4 <sup>1</sup> / <sub>2</sub> yrs	Jan 13	Sa, 10:05-10:35am (8)	\$34.25	19006
Creative Dance	3 <sup>1</sup> / <sub>2</sub> -4 <sup>1</sup> / <sub>2</sub> yrs	Jan 14	Su, 10:40-11:10am (8)	\$34.25	19579
Creative Dance	4-5 yrs	Jan 13	Sa, 10:40-11:25am (8)	\$51.35	19009



ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
<b>Preschool</b>					
<b>Dance</b>					
Mini Hip Hoppers	3½-4½ yrs	Jan 12	F, 2:20-2:50pm (8)	\$34.25	18164
Mini Hip Hoppers	3½-4½ yrs	Jan 12	F, 2:55-3:25pm (8)	\$34.25	18166
Mini Hip Hoppers	4-5 yrs	Jan 11	Th, 11:30am-noon (10)	\$42.80	18149
Mini Hip Hoppers	4-5 yrs	Jan 13	Sa, 2:25-3:10pm (8)	\$51.35	19001
Mini Hip Hoppers	4-5 yrs	Jan 14	Su, 11:15am-noon (8)	\$51.35	19581
<b>Early Learning</b>					
ABC Active Adventures	3-5 yrs	Jan 12	F, 12:30-2:30pm (20)	\$145.00	18113
ABC Active Adventures 1:1 Support*	3-5 yrs	Jan 12	F, 12:30-2:30pm (20)	\$145.00	18114
Busy Bees: Adult Participation**	10 mos-5 yrs	Jan 9	Tu, 10-11:30am (10)	\$85.50	18122
Busy Bees: Adult Participation**	10 mos-5 yrs	Jan 12	F, 10-11:30am (10)	\$85.50	18123
Busy Bees: Adult Participation**	10 mos-5 yrs	Jan 21	Su, 10-11:30am (7)	\$59.85	18121
Get Ready for Kindergarten	4-5 yrs	Jan 9	Tu, 12:30-2:30pm (10)	\$178.00	18096
Get Ready for Kindergarten 1:1 Support*	4-5 yrs	Jan 9	Tu, 12:30-2:30pm (10)	\$213.60	18097
Get Ready for Kindergarten	4-5 yrs	Jan 11	Th, 12:30-2:30pm (10)	\$178.00	18095
Get Ready for Kindergarten 1:1 Support	4-5 yrs	Jan 11	Th, 12:30-2:30pm (10)	\$178.00	18098
Holiday Special: Valentines: Adult Participation	3-5 yrs	Feb 10	Sa, 10-11:30am (1)	\$13.35	19040
Holiday Special: Valentines: Adult Participation	3-5 yrs	Feb 10	Sa, 12:30-2pm (1)	\$13.35	19043
Play to Learn Preschool	3-5 yrs	Jan 8	M, 12:30-2:30pm (9)	\$130.50	18013
Play to Learn Preschool 1:1 Support*	3-5 yrs	Jan 8	M, 12:30-2:30pm (9)	\$130.50	18017
Play to Learn Preschool	3-5 yrs	Jan 10	W, 9:30-11:30am (10)	\$145.00	18014
Play to Learn Preschool 1:1 Support*	3-5 yrs	Jan 10	W, 9:30-11:30am (10)	\$145.00	18019
Play to Learn Preschool	3-5 yrs	Jan 10	W, 12:30-2:30pm (10)	\$145.00	18016
Play to Learn Preschool 1:1 Support*	3-5 yrs	Jan 10	W, 12:30-2:30pm (10)	\$145.00	18018
Play to Learn Preschool	3-5 yrs	Jan 11	Th, 9:30-11:30am (10)	\$145.00	18015
Play to Learn Preschool 1:1 Support*	3-5 yrs	Jan 11	Th, 9:30-11:30am (10)	\$145.00	18020
Sports & Games: Soccer	4-5 yrs	Jan 12	F, 4:30-5:15pm (10)	\$54.40	18611
Sports & Games: Soccer	3-4 yrs	Jan 12	F, 3:45-4:15pm (10)	\$36.25	18610
Sports & Games: Variety	4-5 yrs	Jan 10	W, 4:30-5:15pm (10)	\$54.40	18613
Sports & Games: Variety	3-4 yrs	Jan 10	W, 3:45-4:15pm (10)	\$36.25	18612
<b>Music</b>					
Young Tunes	4-5 yrs	Jan 11	Th, 5:45-6:15pm (10)	\$42.80	18157
Young Tunes	4-5 yrs	Jan 13	Sa, 11:35am-12:20pm (8)	\$51.35	18985
<b>Theatre &amp; Film</b>					
Creative Drama	4-5 yrs	Jan 22	M, 3:45-4:30pm (7)	\$44.95	18077
Creative Drama: Spring Break	5-6 yrs	Mar 25	M-F, 9:30-10:30am (5)	\$42.80	19553
<b>Visual Arts</b>					
Pencils, Paints & Plasticine	4-5 yrs	Jan 13	Sa, 10-11am (8)	\$68.50	18186
Pencils, Paints & Plasticine	4-5 yrs	Jan 14	Su, 10:30-11:30am (8)	\$68.50	19016



\*Note: 1:1 spots are for children that have accessibility needs.

ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
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## Early Years

<b>Dance</b>					
Creative Dance: Adult Participation	2-3 yrs	Jan 11	Th, 9:50-10:35am (10)	\$54.40	18145
Creative Dance: Adult Participation	2-3 yrs	Jan 13	Sa, 9:30-10am (8)	\$29.00	19003
Creative Dance: Adult Participation	2-3 yrs	Jan 14	Su, 9:50-10:35am (8)	\$43.50	19578
Creative Dance: Adult Participation	2-3 yrs	Jan 16	Tu, 10:05-10:50am (8)	\$43.50	18120
Dance with Me: Adult Participation	1-2 yrs	Jan 11	Th, 9:15-9:45am (10)	\$36.25	18144
Dance with Me: Adult Participation	1-2 yrs	Jan 14	Su, 9:15-9:45am (8)	\$29.00	19577
Dance with Me: Adult Participation	1-2 yrs	Jan 16	Tu, 9:30-10am (8)	\$29.00	18119

<b>Music</b>					
Babytime Music & Movement: Adult Participation	9-15 mos	Jan 11	Th, 9:25-9:55am (10)	\$36.25	18151
Babytime Music & Movement: Adult Participation	9-15 mos	Jan 10	W, 9:25-9:55am (10)	\$36.25	18135
Babytime Music & Movement: Adult Participation	4-8 mos	Jan 10	W, 10-10:30am (10)	\$36.25	18136
Babytime Music & Movement: Adult Participation	4-8 mos	Jan 11	Th, 10-10:30am (10)	\$36.25	18152
Babytime Music & Movement: Adult Participation	4-11 mos	Jan 13	Sa, 10:25-10:55am (8)	\$29.00	18200
Babytime Music & Movement: Adult Participation	11-23 mos	Jan 13	Sa, 9:30-10:15am (8)	\$43.50	18194
Babytime Music & Movement: Adult Participation	16-23 mos	Jan 10	W, 10:35-11:05am (10)	\$36.25	18137
Babytime Music & Movement: Adult Participation	16-23 mos	Jan 11	Th, 10:40-11:10am (10)	\$36.25	18153
Musical Rascals: Adult Participation	2-3 yrs	Jan 10	W, 11:15-11:45am (10)	\$36.25	18138
Musical Rascals: Adult Participation	2-3 yrs	Jan 11	Th, 11:15-11:45am (10)	\$36.25	18154
Musical Rascals: Adult Participation	2-3 yrs	Jan 13	Sa, 11-11:30am (8)	\$29.00	18981

<b>Visual Arts</b>					
A is for Art, F is for Family: Adult Participation	2-3 yrs	Jan 9	Tu, 10:45-11:30am (5)	\$27.20	18106
A is for Art, F is for Family: Adult Participation	2-3 yrs	Jan 14	Su, 9:15-10am (8)	\$43.50	19014
A is for Art, F is for Family: Adult Participation	2-3 yrs	Feb 13	Tu, 10:45-11:30am (5)	\$27.20	18107
A is for Art, F is for Family: Adult Participation	3-4 yrs	Jan 9	Tu, 11:45am-12:30pm (5)	\$27.20	18110
A is for Art, F is for Family: Adult Participation	3-4 yrs	Feb 13	Tu, 11:45am-12:30pm (5)	\$27.20	18108
A is for Art, F is for Family: Adult Participation	3-4 yrs	Feb 13	Tu, 5-5:45pm (5)	\$27.20	18118
Adventures in Art: Adult Participation	1½-2 yrs	Jan 9	Tu, 9:30-10:15am (5)	\$27.20	18104
Adventures in Art: Adult Participation	1½-2 yrs	Feb 13	Tu, 9:30-10:15am (5)	\$27.20	18105

## Multi-age

<b>Visual Arts</b>					
Family Paint Night: Snowy, Starry Night	7 yrs+	Jan 19	F, 4-6pm (1)	\$17.10	19144
Family Paint Night: Floating Lanterns	7 yrs+	Feb 16	F, 4-6pm (1)	\$17.10	19150
Family Paint Night: Bees & Tulips	7 yrs+	Mar 15	F, 4-6pm (1)	\$17.10	19153

<b>Yoga</b>					
Yoga: for Families - Adult Participation	4-7 yrs	Jan 21	Su, 10-10:45am (8)	\$55.02	16389
Yoga: for Families - Adult Participation	4-11 yrs	Jan 21	Su, 11-11:45am (8)	\$55.02	16390



### Join us for Tiny Tikes!

Together with your child (aged 1-5 years old), explore and play with a wide variety of toys. Your kids can enjoy ride-on toys, climbers, soccer, basketball and floor hockey.

Drop-in (first come first serve up to a maximum of 60 people). Offered at Bonsor, Cameron, Edmonds and Christine Sinclair Community Centres.

Learn more by checking each facility web page: [Burnaby.ca/Centres](http://Burnaby.ca/Centres)

# EILEEN DAILY ACTIVITIES

Phone 604-298-7946. Activities subject to change. Prices do not include tax. Additional fees may apply. For up to date information, visit [Burnaby.ca/EileenDaily](http://Burnaby.ca/EileenDaily)

ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
<b>Adult</b>					
<b>Martial Arts</b>					
Karate: All Levels	14 yrs+	Jan 10	W, 7-8:30pm (6)	\$68.13	17210
Karate: All Levels	14 yrs+	Feb 21	W, 7-8:30pm (6)	\$68.13	17211
<b>Swimming</b>					
Adult 1	14 yrs+	Jan 12	F, 11-11:45am (10)	\$87.00	18835
Adult 1	14 yrs+	Jan 12	F, 6-6:45pm (10)	\$87.00	18837
Adult 1	14 yrs+	Jan 13	Sa, 9-9:45am (9)	\$78.60	18838
Adult 1	14 yrs+	Jan 13	Sa, 11:15am-noon (9)	\$78.60	18840
Adult 1	14 yrs+	Jan 14	Su, 9-9:45am (9)	\$78.60	18841
Adult 1	14 yrs+	Jan 14	Su, 11:30am-12:15pm (9)	\$78.60	18842
Adult 1	14 yrs+	Jan 14	Su, 12:15-1pm (9)	\$78.60	18843
Adult 2	14 yrs+	Jan 13	Sa, 10:15-11am (9)	\$78.60	18844
Adult 2	14 yrs+	Jan 14	Su, 10:15-11am (9)	\$78.60	18845
Adult 3	14 yrs+	Jan 13	Sa, 10:30-11:15am (9)	\$78.60	18846
<b>Weight Training</b>					
Running Clinic: Beginner	14 yrs+	Jan 11	Th, 6-7pm (6)	\$56.90	17222
Running Clinic: Beginner	14 yrs+	Feb 22	Th, 6-7pm (6)	\$56.90	17224
Weight Training: Beginner	14 yrs+	Jan 12	F, 12:15-1:15pm (6)	\$56.90	17227
Weight Training: Beginner	14 yrs+	Feb 23	F, 12:15-1:15pm (5)	\$47.40	17228
<b>Yoga</b>					
Pilates	16 yrs+	Jan 10	W, 10:30-11:30am (6)	\$78.50	17212
Pilates	16 yrs+	Feb 21	W, 10:30-11:30am (6)	\$78.50	17213
Yoga: Hatha	14 yrs+	Jan 10	W, 9-10:15am (6)	\$68.80	17229
Yoga: Hatha	14 yrs+	Feb 21	W, 9-10:15am (6)	\$68.80	17230
<b>Youth</b>					
<b>Personal Development</b>					
Babysitter's Training	11-14 yrs	Jan 11	Th, 6-8pm (6)	\$89.90	16870
Babysitter's Training	11-14 yrs	Feb 22	Th, 6-8pm (5)	\$74.90	16943
<b>Swimming</b>					
Bronze Star	12-17 yrs	Jan 12	F, 4:30-8:30pm (3)	\$115.00	18817
Bronze Star	12-17 yrs	Feb 2	F, 4:30-8:30pm (3)	\$115.00	18818
Bronze Star	12-17 yrs	Feb 23	F, 4:30-8:30pm (3)	\$115.00	18819
Bronze Cross	13 yrs+	Jan 30	Tu, Th, 5-9pm (6)	\$215.00	18826
Bronze Cross	13 yrs+	Feb 10	Sa, 8am-2:30pm (4)	\$215.00	18828
Bronze Medallion	13 yrs+	Jan 9	Tu, Th, 5-9pm (6)	\$215.00	18824
Bronze Medallion	13 yrs+	Jan 13	Sa, 8am-2:30pm (4)	\$215.00	18822
Bronze Medallion	13 yrs+	Feb 20	Tu, Th, 5-9pm (6)	\$215.00	18825
Stroke Improvement & Fitness	12-15 yrs	Jan 13	Sa, noon-1pm (9)	\$67.50	18947
Stroke Improvement & Fitness	12-15 yrs	Jan 14	Su, 10:30-11:30am (9)	\$67.50	18948



## Dive in and apply to become a lifeguard!

Do you enjoy working with people, being a role model and having fun in the water? Get certified to become a lifeguard and swim instructor with us!

Well-trained lifeguards and swim instructors are in high demand. Visit [Burnaby.ca/Lifeguard](http://Burnaby.ca/Lifeguard)



ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
<b>Youth</b>					
<b>Visual Arts</b>					
InBeTWEEN Art*	10-13 yrs	Feb 3	Sa, 3-4:30pm (6)	\$77.05	18043
<b>Weight Training</b>					
Strength & Conditioning for Youth Females	13-16 yrs	Jan 14	Su, 2:15-3:15pm (4)	\$27.60	17937
Strength & Conditioning for Youth Females	13-16 yrs	Feb 11	Su, 2:15-3:15pm (4)	\$27.60	17938
Weight Training for Teens	14-16 yrs	Jan 20	Sa, 12:30-1:30pm (4)	\$27.60	17947
Weight Training for Teens	14-16 yrs	Feb 24	Sa, 12:30-1:30pm (4)	\$27.60	17948

## Child

<b>Dance</b>					
Modern Dance: Beginner*	6-9 yrs	Jan 19	F, 6-7pm (8)	\$68.50	18047
Modern Dance: Continued*	7-11 yrs	Jan 19	F, 7:10-8:10pm (8)	\$68.50	18085
<b>Media</b>					
Artsy Engineers	7-12 yrs	Feb 25	Su, 10-11:30am (5)	\$175.00	17206
BioChem Explorers	7-12 yrs	Feb 25	Su, noon-1:30pm (5)	\$175.00	17207
Budding Engineers	7-12 yrs	Jan 14	Su, 10-11:30am (5)	\$175.00	17204
Electric Explorers	7-12 yrs	Jan 14	Su, noon-1:30pm (5)	\$175.00	17205
<b>Theatre &amp; Film</b>					
Creative Drama*	6-8 yrs	Feb 3	Sa, 9:45-10:45am (5)	\$42.80	18103
Drama: Games & Improv*	8-12 yrs	Feb 3	Sa, 11am-12:30pm (5)	\$64.20	18094

## Preschool

<b>Dance</b>					
Creative Ballet*	4-5 yrs	Jan 19	F, 4:15-5pm (8)	\$51.35	18078
<b>Early Learning</b>					
Busy Bees: Adult Participation	10 mos-5 yrs	Jan 10	W, 9-10:30am (11)	\$94.05	16944
Busy Bees: Adult Participation	10 mos-5 yrs	Jan 10	W, 11am-12:30pm (11)	\$94.05	16945
Daily Discoveries: Colours & Shapes	3-5 yrs	Feb 13	Tu, 3:15-5:15pm (5)	\$89.00	20517
Daily Discoveries: Colours & Shapes	3-5 yrs	Feb 24	Sa, 12:30-2:30pm (5)	\$89.00	17208
Get Ready for Kindergarten	4-5 yrs	Jan 12	F, 12:30-2:30pm (11)	\$195.80	17209
Holiday Special: Valentines: Adult Participation	3-5 yrs	Feb 10	Sa, 9:30-11am (1)	\$13.35	19180
Holiday Special: Valentines: Adult Participation	3-5 yrs	Feb 10	Sa, 11:30am-1pm (1)	\$13.35	19184
Play to Learn Preschool	3-5 yrs	Jan 9	Tu, 12:30-2:30pm (11)	\$159.50	17214
Play to Learn Preschool	3-5 yrs	Jan 12	F, 9:30-11:30am (11)	\$159.50	17219
Silly Scientists	3-5 yrs	Jan 9	Tu, 3:15-5:15pm (5)	\$89.00	20518
Silly Scientists	3-5 yrs	Jan 13	Sa, 12:30-2:30pm (5)	\$89.00	17225

## Early Years

<b>Dance</b>					
Creative Ballet*	3 yrs	Jan 19	F, 3:30-4pm (8)	\$34.25	18070
Tiny Toes Dance: Adult Participation*	2-3 yrs	Jan 19	F, 5:15-5:45pm (8)	\$29.00	17994
<b>Games</b>					
Toddler Build & Play: Adult Participation	1½-3½ yrs	Jan 11	Th, 12:30-2pm (6)	\$51.30	17980
Toddler Build & Play: Adult Participation	1½-3½ yrs	Feb 22	Th, 12:30-2pm (6)	\$51.30	18133

# WILLINGDON ACTIVITIES

Phone 604-297-4526. Activities subject to change. Prices do not include tax. Additional fees may apply. For up to date information, visit [Burnaby.ca/Willingdon](http://Burnaby.ca/Willingdon)

ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
<b>Adult</b>					
<b>Adapted Activities</b>					
Social Club: Adapted	18 yrs+	Jan 25	Th, 6:30-8pm (8)	\$61.20	16868
<b>Group Fitness</b>					
Body Sculpt & Conditioning	14 yrs+	Jan 9	Tu, 7:30-8:30pm (5)	\$36.05	18300
Body Sculpt & Conditioning	14 yrs+	Jan 11	Th, 9:15-10:15am (10)	\$72.10	18301
Body Sculpt & Conditioning	14 yrs+	Feb 13	Tu, 7:30-8:30pm (5)	\$36.05	19507
Pilates	14 yrs+	Jan 12	F, 9:15-10:15am (5)	\$65.40	18303
Pilates	14 yrs+	Feb 23	F, 9:15-10:15am (4)	\$52.32	19514
Stretch, Core & More	14 yrs+	Jan 11	Th, 7:30-8:30pm (5)	\$36.05	18302
Stretch, Core & More	14 yrs+	Feb 15	Th, 7:30-8:30pm (5)	\$36.05	19510
<b>Visual Arts</b>					
Paint & Sketch*	18 yrs+	Jan 26	F, 6-8pm (6)	\$102.72	17983
<b>Weight Training</b>					
Weight Training: Beginner	14 yrs+	Jan 10	W, 5-6pm (5)	\$47.40	18305
Weight Training: Beginner	14 yrs+	Feb 14	W, 5-6pm (5)	\$47.40	18306
<b>Wellness</b>					
Circuit Training for Every Body	14 yrs+	Jan 9	Tu, 6:15-7:15pm (10)	\$72.10	18304
<b>Yoga</b>					
Yoga: Gentle	14 yrs+	Jan 8	M, 7:30-8:45pm (9)	\$103.16	18299

## Youth

### Personal Development

Babysitter's Training	11-15 yrs	Jan 8	M, 5-6:30pm (8)	\$89.88	18605
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## Child

### Camps

Pro-D Day Camp	6-11 yrs	Feb 16	F, 9am-3pm (1)	\$31.50	18987
Pro-D Day Camp 1:1 Support*	6-11 yrs	Feb 16	F, 9am-3pm (1)	\$31.50	18999
Science Discoveries: SPA DIY	8-12 yrs	Jan 10	W, 3:30-5pm (5)	\$56.20	19030
Science Discoveries: SPA DIY	8-12 yrs	Feb 14	W, 3:30-5pm (5)	\$56.20	19031
Spring Break Camp	6-11 yrs	Mar 18	M-F, 9am-3pm (5)	\$157.50	18979
Spring Break Camp 1:1 Support*	6-11 yrs	Mar 18	M-F, 9am-3pm (5)	\$157.50	18991
Spring Break Camp	6-11 yrs	Mar 25	M-Th, 9am-3pm (4)	\$126.00	18982

### Ceramics

Clayworks*	6-8 yrs	Feb 15	Th, 3:30-5pm (4)	\$51.35	18588
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### Games

LEGO® & Games Club	6-8 yrs	Jan 8	M, 3:15-4:45pm (4)	\$19.92	18377
LEGO® & Games Club	6-8 yrs	Feb 5	M, 3:15-4:45pm (5)	\$24.90	18378

### Indoor / Gym Sports

Basketball	6-8 yrs	Jan 10	W, 3:10-4:10pm (5)	\$31.55	18314
Basketball	6-8 yrs	Feb 14	W, 3:10-4:10pm (5)	\$31.55	18315
Basketball	8-10 yrs	Jan 10	W, 4:20-5:20pm (5)	\$31.55	18313
Basketball	8-10 yrs	Feb 14	W, 4:20-5:20pm (5)	\$31.55	18316
Basketball	10-12 yrs	Jan 10	W, 5:30-6:30pm (5)	\$31.55	18308
Basketball	10-12 yrs	Feb 14	W, 5:30-6:30pm (5)	\$31.55	18317

ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
<b>Child</b>					
<b>Indoor / Gym Sports</b>					
Soccer	6-8 yrs	Jan 12	F, 3:10-4:10pm (4)	\$25.24	18370
Soccer	6-8 yrs	Feb 9	F, 3:10-4:10pm (5)	\$31.55	18371
Soccer	8-10 yrs	Jan 12	F, 4:20-5:20pm (4)	\$25.24	18372
Soccer	8-10 yrs	Feb 9	F, 4:20-5:20pm (5)	\$31.55	18373
Soccer	10-12 yrs	Jan 12	F, 5:30-6:30pm (4)	\$25.24	18374
Soccer	10-12 yrs	Feb 9	F, 5:30-6:30pm (5)	\$31.55	18375
Sports Zone	6-10 yrs	Jan 8	M, 3:15-4:45pm (4)	\$37.86	18367
Sports Zone	6-10 yrs	Feb 5	M, 3:15-4:45pm (5)	\$47.33	18369

<b>Visual Arts</b>					
Creative Artworks*	8-12 yrs	Jan 23	Tu, 3:30-5pm (6)	\$77.05	18055
Young Artists*	5-6 yrs	Jan 27	Sa, 12:30-1:30pm (7)	\$84.20	18238

## Preschool

<b>Ceramics</b>					
Clay-Time: Adult Participation*	3-5 yrs	Jan 18	Th, 3:30-5pm (4)	\$51.35	18089

<b>Cooking &amp; Food</b>					
Incredible Edible Books	3½-5 yrs	Jan 10	W, 12:30-2:30pm (5)	\$89.00	18289
Incredible Edible Books	3½-5 yrs	Feb 21	W, 12:30-2:30pm (4)	\$71.20	18290

<b>Dance</b>					
Creative Ballet*	4-5 yrs	Jan 19	F, 11-11:45am (7)	\$44.95	17997

<b>Early Learning</b>					
Busy Bees: Adult Participation	10 mos-5 yrs	Jan 9	Tu, 9:45-11:15am (10)	\$85.50	18288
Get Ready for Kindergarten	4-5 yrs	Jan 8	M, 12:30-2:30pm (9)	\$160.20	18296
Play to Learn Preschool	3-5 yrs	Jan 8	M, 9:30-11:30am (9)	\$130.50	18225
Play to Learn Preschool	3-5 yrs	Jan 9	Tu, 9:30-11:30am (10)	\$145.00	18285
Play to Learn Preschool	3-5 yrs	Jan 10	W, 9:30-11:30am (10)	\$145.00	18286
Play to Learn Preschool	3-5 yrs	Jan 11	Th, 9:30-11:30am (10)	\$145.00	18287
Preschool Sports & More	4-5 yrs	Jan 10	W, 12:15-1pm (5)	\$27.20	18291
Preschool Sports & More	4-5 yrs	Feb 21	W, 12:15-1pm (4)	\$21.76	18292
Silly Scientists	3-5 yrs	Jan 12	F, 9:30-11:30am (5)	\$89.00	18297
Silly Scientists	3-5 yrs	Feb 23	F, 9:30-11:30am (4)	\$71.20	18298
Teeny Valentine Special: Adult Participation	1½-6 yrs	Feb 14	W, 12:30-2:30pm (1)	\$17.80	19046

<b>Visual Arts</b>					
Messy Makers*	4-5 yrs	Jan 27	Sa, 9:30-10:30am (7)	\$84.20	17981

## Early Years

<b>Dance</b>					
Creative Ballet*	3½-4 yrs	Jan 19	F, 10:15-10:45am (7)	\$29.96	17996
Creative Ballet*	3 yrs	Jan 19	F, 9:30-10am (7)	\$29.95	17995
Tiny Toes Dance: Adult Participation*	2-3 yrs	Jan 19	F, noon-12:30pm (7)	\$25.40	17991

<b>Visual Arts</b>					
Art Sampler: Adult Participation*	3-4 yrs	Jan 27	Sa, 11am-noon (7)	\$75.05	18092

# BURNABY ART GALLERY ACTIVITIES

Phone 604-297-4422. Activities subject to change. Prices do not include tax. Additional fees may apply. For up to date information, visit [BurnabyArtGallery.ca](http://BurnabyArtGallery.ca)



Photo by Sarah Race

ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
<i>Adult</i>					
Art Social: Drawing & Drink	19 yrs+	Jan 24	W, 6-9pm (1)	\$40.68	18278
Art Social: Printmaking & Pinot	19 yrs+	Feb 28	W, 6-9pm (1)	\$40.68	18279
Open Studio	16 yrs+	Feb 21	W, 5-8pm (1)	\$17.57	18276
Open Studio	16 yrs+	Jan 17	W, 5-8pm (1)	\$17.57	18275
Paper Art Workshop	16 yrs+	Feb 11	Su, 1-4pm (1)	\$35.68	18635

## *Child*

Kids Art Connect	6-8 yrs	Jan 20	Sa, 1:30-3:30pm (4)	\$95.60	18271
Kids Art Connect	4-5 yrs	Jan 20	Sa, 10-11am (4)	\$52.80	18272
Kids Art Connect	4-5 yrs	Jan 20	Sa, 11:30am-12:30pm (4)	\$52.80	18274

## *Multi-age*

In the BAG	Multi-age	Feb 25	Su, 1-4pm (1)	No Fee	18268
In the BAG	Multi-age	Jan 14	Su, 1-4pm (1)	No Fee	18267
In the BAG	Multi-age	Mar 10	Su, 1-4pm (1)	No Fee	18269
Kindred Tracings Book Launch and Panel Discussion	Multi-age	Jan 21	Su, 1-4pm (1)	No Fee	18669



# BURNABY VILLAGE MUSEUM

Phone 604-297-4565. Activities subject to change. Prices do not include tax. Museum members receive a 10% discount on program fees. For up to date information, visit [BurnabyVillageMuseum.ca](http://BurnabyVillageMuseum.ca)

ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
<b>Youth</b>					
<b>Museum</b>					
Blacksmithing: Forging for Youth	13-16 yrs	Mar 19	Tu, 9am-noon (2)	\$123.00	18220

## Child

### Camps

Heritage Adventures Spring Break After Camp Club	6-9 yrs	Mar 18	M-F, 3-5pm (5)	\$35.50	18392
Heritage Adventures Spring Break After Camp Club	6-9 yrs	Mar 25	M-F, 3-5pm (4)	\$28.40	18405
Heritage Adventures Spring Break Camp	6-9 yrs	Mar 18	M-F, 9am-3pm (5)	\$245.00	18388
Heritage Adventures Spring Break Camp 1:1 Support*	6-9 yrs	Mar 18	M-F, 9am-3pm (5)	\$245.00	18632
Heritage Adventures Spring Break Camp	6-9 yrs	Mar 25	M-F, 9am-3pm (4)	\$195.00	18401
Heritage Adventures Winter Break After Camp Club	6-9 yrs	Jan 2	Tu-F, 3-5pm (4)	\$28.40	18379
Heritage Adventures Winter Break Camp	6-9 yrs	Jan 2	Tu-F, 9am-3pm (4)	\$196.00	16403
Heritage Adventures Winter Break Camp 1:1 Support*	6-9 yrs	Jan 2	Tu-F, 9am-3pm (4)	\$196.00	18627
Pro-D Day Camp: Heritage Adventures	6-9 yrs	Feb 16	F, 9am-3pm (1)	\$48.00	16401
Pro-D Day Camp: Heritage Adventures 1:1 Support*	6-9 yrs	Feb 16	F, 9am-3pm (1)	\$48.00	18628
Pro-D Day Camp: Heritage Adventures After Camp Club	6-9 yrs	Feb 16	F, 3-5pm (1)	\$7.10	16402

### Museum

Fabric Monoprinting	5-10 yrs	Mar 5	Tu, 4-5:30pm (1)	\$25.00	18764
South Asian Design Series: Art with Islamic Geometry	10-15 yrs	Jan 27	Sa, 10-11:30am (1)	\$20.00	19195
South Asian Design Series: Glass Painting	5-10 yrs	Feb 6	Tu, 4-5:30pm (1)	\$28.00	18731
Upcycled Spring Decorations	6-9 yrs	Mar 14	Th, 4-5:30pm (1)	\$7.10	16400

## Multi-age

### Museum

Garden Planning: How to Benefit Bats	6 yrs+	Mar 30	Sa, 10:30am-noon (2)	\$17.00	18945
Garden Planning: Seed Starting	6 yrs+	Mar 2	Sa, 10:30-11:30am (1)	\$17.00	18937



# SHADBOLT ACTIVITIES

604-297-4440



ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
<i>Adult</i>					
<b>Ceramics</b>					
Ceramics 1: Handbuilt Sculptural Techniques	18 yrs+	Jan 10	W, 6:30-9:30pm (8)	\$215.44	18670
Ceramics 1: Introduction	18 yrs+	Jan 6	Sa, 10am-2pm (8)	\$283.92	18657
Ceramics 1: Introduction	18 yrs+	Jan 8	M, 10am-1pm (8)	\$215.44	18656
Ceramics 1: Introduction	18 yrs+	Jan 11	Th, 6:30-9:30pm (8)	\$215.44	18654
Ceramics 1: Introduction	18 yrs+	Jan 18	Th, 6-9pm (8)	\$215.44	18655
Ceramics 1: Wheel Throwing	18 yrs+	Jan 16	Tu, 6:15-9:15pm (8)	\$215.44	18672
Ceramics 1: Wheel Throwing	18 yrs+	Jan 17	W, 10am-1pm (8)	\$215.44	18671
Ceramics 2: Continuing	18 yrs+	Jan 11	Th, 10am-2pm (8)	\$288.92	18674
Ceramics 2: Continuing	18 yrs+	Jan 17	W, 6:30-9:30pm (8)	\$220.44	18675
Ceramics 2: Covered in Crystals	18 yrs+	Jan 8	M, 10am-1pm (6)	\$208.64	18676
Ceramics 2: From the Ground Up	18 yrs+	Jan 9	Tu, 10am-1pm (8)	\$220.44	19461
Ceramics 2: Put a Lid on It	18 yrs+	Jan 10	W, 10am-1pm (8)	\$220.44	18673
Ceramics 2: Slippery Surfaces Intensive	18 yrs+	Mar 9	Su, Sa, 10am-4pm (2)	\$107.72	19485
Ceramics 3: Studio Proficiency	18 yrs+	Jan 7	Su, 10am-1pm (8)	\$220.44	18677
Ceramics Alternative Firing: Raku	18 yrs+	Mar 3	Su, 10am-4pm (1)	\$69.15	18683
Ceramics Alternative Firing: Raku	18 yrs+	Mar 17	Su, 10am-4pm (1)	\$69.15	18715
Ceramics: Spring Soda Firing Reservation	18 yrs+			No Fee	19352
Ceramics: Spring Wood Firing Reservation	18 yrs+			No Fee	19372

## Wood & Soda Firing Workshops

To get into a Spring Soda Firing, sign up for Ceramics: Spring Soda Firing Reservation, Activity Code #19352. There is no fee to join the Reservation List. Fee for Soda Firing upon actual registration is \$177.26 (fee subject to change). Spring Firing dates: April 10-16, May 22-28.

For the Spring Wood Firing, sign up for Ceramics: Spring Wood Firing Reservation, Activity Code #19372. There is no fee to join the Reservation List. Fee for Wood Firing upon actual registration is \$313.56 (fee subject to change) and requires active participation in the firing. Date: May 9-15.

ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
<b>Adult</b>					
<b>Creative Writing</b>					
Creative Writing	18 yrs+	Jan 9	Tu, 6:30-8:30pm (8)	\$136.96	18219
Creative Writing in Spanish: Narrativas de Migración	18 yrs+	Feb 8	Th, 6-8pm (4)	No Fee	18551
Creative Writing: Memoir	18 yrs+	Jan 10	W, 6-8pm (8)	\$136.96	18366
Creative Writing: The Immigrant Journey	18 yrs+	Jan 11	Th, 6-8pm (4)	No Fee	18537
Pages Writing Club	18 yrs+	Jan 8	M, 7:30-10pm (8)	\$171.20	18192
<b>Dance</b>					
Ballet Advanced	18 yrs+	Jan 10	W, 7:30-9pm (10)	\$193.05	15767
Ballet Beginner	18 yrs+	Jan 8	M, 7:15-8:30pm (9)	\$144.79	15762
Ballet Beginner	18 yrs+	Jan 9	Tu, 11am-12:15pm (10)	\$160.88	15763
Ballet Intermediate	18 yrs+	Jan 11	Th, 7:30-9pm (10)	\$193.05	15766
Ballet: Open Level	18 yrs+	Jan 8	M, 10-11:30am (9)	\$173.75	15759
Ballet: Open Level	18 yrs+	Jan 11	Th, 10-11:30am (10)	\$193.05	16527
Dance Teacher Workshop: Creative Dance for Young Children	18 yrs+	Jan 28	Su, 10am-5pm (1)	\$150.00	20493
Jazz Intermediate	18 yrs+	Jan 8	M, 7:15-9pm (9)	\$134.82	15760
Jazz Intermediate / Advanced	18 yrs+	Jan 12	F, 10:45am-12:30pm (10)	\$149.80	15769
Modern Dance: Beginner	18 yrs+	Jan 9	Tu, 5:45-7pm (10)	\$160.88	15771
Modern Dance: Intermediate	18 yrs+	Jan 9	Tu, 7-8:30pm (10)	\$193.05	15772
Modern Dance: Open Level	18 yrs+	Jan 12	F, 10-11:30am (10)	\$193.05	15773
Performance Workshop with Salome Nieto	21 yrs+	Jan 20	Sa, 2-4pm (8)	\$252.00	15776
Tap: Beginner	18 yrs+	Jan 11	Th, 7-8pm (10)	\$128.70	15774
Tap: Intermediate	18 yrs+	Jan 12	F, 7-8pm (10)	\$128.70	15775
<b>Music</b>					
Drum Set Basics: Level 1	18 yrs+	Jan 11	Th, 7:10-8:10pm (9)	\$144.63	16182
Drum Set Basics: Level 2	18 yrs+	Jan 11	Th, 8:15-9:15pm (9)	\$144.63	16183
Singing	18 yrs+	Jan 6	Sa, noon-1pm (9)	\$77.04	16187
Theory Basics: Beginner Short Term Eva Law	18 yrs+	Jan 10	W, 11:30am-12:30pm (8)	\$128.56	19196



Sculpture by Margo Sorbara

## Ceramics: Open Workshop

Clay for use in our studios must be purchased at Shadbolt Front Office (includes glaze and firing costs). If you have not attended an Open Workshop or ceramics program at the Mathers House before, please see the tech on duty for an orientation when you arrive. Workshops open for registration one week in advance on Mondays at 10am. The weekly schedule for open workshops is:

Mondays, 1:30-5pm & 5:30-9pm

Wednesdays, 1:30-5pm

Thursdays, 2:30-5:30pm

Sundays, 1:30-5pm





Photo by Tonya Ng

Shadbolt also offers activities at other locations including Christine Sinclair, Willingdon and Eileen Dailly. Check them out.

ACTIVITY

AGE

STARTS

TIME (Sessions)

PRICE

BARCODE

## Adult

### Visual Arts

Acrylics: Continuing	18 yrs+	Jan 17	W, 9:30-12:30pm (8)	\$205.44	19687
Acrylics: Introduction	18 yrs+	Jan 16	Tu, 1:30-4:30pm (8)	\$205.44	18249
Artist's Continuum	18 yrs+	Jan 15	M, 6-9pm (8)	\$205.44	19542
Cartooning & Illustration	18 yrs+	Jan 18	Tu, 6-8pm (8)	\$136.96	19534
Drawing: Face & Figure	18 yrs+	Jan 15	M, 9:30-12:30pm (8)	\$254.64	20972
Drawing: Beginner	18 yrs+	Jan 17	W, 6:15-8:45pm (8)	\$171.20	18244
Drawing: Continuing	18 yrs+	Jan 19	F, 9:30am-12:30pm (8)	\$218.37	19584
Drawing: Still life	18 yrs+	Jan 18	Th, 9:30am-12:30pm (8)	\$205.44	18252
Drawing & Painting Birds in Watercolour	18 yrs+	Jan 17	W, 2-5pm (8)	\$205.44	19689
Drawing for Absolute Beginners	18 yrs+	Jan 14	Su, 10am-1pm (8)	\$205.44	19580
Drawing with Water Soluble Media	18 yrs+	Jan 17	W, 10am-1pm (8)	\$205.44	19691
Meditative Arts	18 yrs+	Jan 19	F, 1:30-4:30pm (8)	\$215.44	19690
Painting Acrylic or Oils: Continuing	18 yrs+	Jan 16	Tu, 6-9pm (8)	\$205.44	19545
Painting Portraits	18 yrs+	Jan 15	M, 1:30-4:30pm (8)	\$254.64	19598
Painting Studio	18 yrs+	Jan 16	Tu, 9:30am-12:30pm (8)	\$205.44	18246
Textile Arts Studio	18 yrs+	Jan 18	Th, 10am-2pm (8)	\$303.92	19535
Visual Arts Open Studio	18 yrs+	Jan 16	Tu, 9:30am-2:30pm (8)	\$103.60	19073
Visual Arts Open Studio	18 yrs+	Jan 18	Th, 9:30am-2:30pm (8)	\$103.60	19693
Watercolour for Absolute Beginners	18 yrs+	Jan 17	W, 6-9pm (8)	\$205.44	19688
Watercolour: Fundamentals	18 yrs+	Jan 19	F, 1:30-4:30pm (8)	\$205.44	19686
Watercolour: Continuing	18 yrs+	Jan 18	Th, 6-9pm (8)	\$205.44	19587
Watercolour: Continuing	18 yrs+	Jan 19	F, 9:30-12:30pm (8)	\$205.44	19588

## Youth

### Ceramics

Clay: Handbuilding & Wheel Throwing	13-18 yrs	Jan 6	Sa, 2:30-5pm (8)	\$223.48	18685
Clay: Handbuilding & Wheel Throwing	13-18 yrs	Jan 12	F, 6-8:30pm (8)	\$223.48	18684

### Creative Writing

Creative Writing	13-17 yrs	Jan 9	Tu, 4:30-6pm (8)	\$102.72	18213
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### Dance

Ballet Repertoire: Senior	13-18 yrs	Jan 12	F, 4:30-6:30pm (19)	\$355.28	15916
Spring Break Composition Workshop	12-18 yrs	Mar 18	M-F, 10am-noon (5)	\$85.60	17549
Spring Break Ballet Intensive with Anneliese Rios	13-18 yrs	Mar 25	M-Th, 10:30am-12:30pm (4)	\$102.96	17679
Tap Beginner Long-Term	12-18 yrs	Jan 12	F, 3:45-4:45pm (19)	\$274.53	17998

ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
<b>Youth</b>					
<b>Media</b>					
Animation Design: Building Worlds & Characters	10-15 yrs	Jan 6	Sa, 1:30-3pm (10)	\$246.25	16190
Film Sound & Soundscape Design: Beginners	11-13 yrs	Jan 9	Tu, 6-7:30pm (10)	\$246.25	19571
Film Sound & Soundscape Design: Intermediate	14-17 yrs	Jan 12	F, 6-7:30pm (10)	\$246.25	19573
Music Production and Songwriting	12-15 yrs	Jan 7	Su, 3-4:30pm (10)	\$246.25	19557
Sound Effects for Video Games and Films	12-15 yrs	Jan 7	Su, 1-2:30pm (10)	\$246.25	19548
Stop Motion Animation: Paper Puppet Animation	12-15 yrs	Jan 7	Su, 11am-12:30pm (10)	\$246.25	19551
Video Editing: Blink & Cut for Beginners	11-13 yrs	Jan 9	Tu, 4-5:30pm (10)	\$246.25	19567
Video Editing: Blink & Cut for Intermediates	14-17 yrs	Jan 12	F, 4-5:30pm (10)	\$246.25	19568
Video-Making and Editing	12-15 yrs	Jan 8	M, 3:30-5pm (10)	\$246.25	19566

## Visual Arts

Cartooning & Character Design	13-16 yrs	Jan 15	M, 6-8pm (8)	\$129.84	17546
Drawing Studio	13-17 yrs	Jan 14	Su, 1:30-3:30pm (8)	\$146.96	17542
Young Artist's Studio	13-17 yrs	Jan 18	Th, 6-8pm (8)	\$151.96	19537

## Personal Development

Creative Thinking Lab: Spark your Creativity	14-17 yrs	Jan 11	Th, 4-5:30pm (8)	\$102.72	18489
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## Theatre & Film

On-Camera Acting	10-15 yrs	Jan 9	Tu, 6-8pm (8)	\$205.92	18239
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## Child

### Camps

After-Camp Fun- Arts Jam	6-10 yrs	Mar 18	M-F, 3-5pm (5)	\$36.60	18235
After-Camp Fun- Pro-D day	6-10 yrs	Feb 16	F, 3-5pm (1)	\$7.30	18224
Camp: Shadbolt Arts Jam	6-10 yrs	Mar 18	M-F, 8:30am-3pm (5)	\$307.15	18214
Pro-D Day Camp: Colorful Creations	6-10 yrs	Feb 16	F, 8:30am-3pm (1)	\$61.40	18198

### Ceramics

Clayworks	6-8 yrs	Jan 6	Sa, 10:45am-12:15pm (8)	\$140.00	18690
Clayworks	6-8 yrs	Jan 6	Sa, 1-2:30pm (8)	\$140.00	18691
Clayworks	6-8 yrs	Jan 9	Tu, 3:30-5pm (8)	\$140.00	18686
Clayworks	9-12 yrs	Jan 11	Th, 3:30-5:30pm (8)	\$189.24	18687
Clayworks	9-12 yrs	Jan 12	F, 3:30-5:30pm (8)	\$189.24	18688

### Creative Writing

Creative Writing: Words and Images	9-12 yrs	Jan 8	M, 5:30-7pm (8)	\$102.72	18203
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Photo by Tonya Ng

### Long-term dance programs

The long-term dance program is still accepting registration for some classes. For more information please call Shadbolt at 604-297-4440.

ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
<b>Child</b>					
<b>Dance</b>					
Ballet Repertoire: Junior	10-12 yrs	Feb 3	Sa, 2:45-4:15pm (10)	\$128.40	16528
Spring Break: Creative Dance to Live Music	6 yrs	Mar 18	M-F, 11:30am-12:30pm (5)	\$64.35	18162
Spring Break: Introduction to Ballet	7-8 yrs	Mar 18	M-F, 1-2pm (5)	\$64.35	18254
Spring Break: Introduction to Ballet	9-10 yrs	Mar 18	M-F, 2:15-3:15pm (5)	\$64.35	18257
Tap Beginner Long-Term	7-8 yrs	Jan 10	W, 5-6pm (20)	\$287.40	18260
<b>Media</b>					
Animation: Intro	9-12 yrs	Jan 6	Sa, 10-11:30am (10)	\$246.25	16188
Kid Tech	9-12 yrs	Jan 10	W, 4-5:30pm (10)	\$246.25	16178
Kid Tech	9-12 yrs	Jan 11	Th, 4-5:30pm (10)	\$246.25	16179
Sequential Art: Storyboarding and Comics	9-12 yrs	Jan 6	Sa, 11:45am-1:15pm (10)	\$246.25	16189
Stop Motion Animation: Multiple Techniques + Editing & Sound	9-12 yrs	Jan 10	W, 6-7:30pm (10)	\$246.25	16180
Stop Motion Animation: Multiple Techniques + Editing & Sound	9-12 yrs	Jan 11	Th, 6-7:30pm (10)	\$246.25	16181
<b>Music</b>					
Guitar: Level 1 Short-Term Craig McCaul	9-12 yrs	Jan 12	5:40-6:40pm (9)	\$144.63	21338
<b>Theatre &amp; Film</b>					
Drama and Storytelling	10-13 yrs	Jan 11	Th, 5:45-7:45pm (8)	\$102.72	18452
Drama and Storytelling	10-13 yrs	Jan 13	Sa, noon-2pm (8)	\$102.72	18403
Drama and Storytelling	6-8 yrs	Jan 11	Th, 4-5:30pm (8)	\$77.04	18396
Drama and Storytelling	6-8 yrs	Jan 13	Sa, 10:45am-12:15pm (8)	\$77.04	18416
Drama and Storytelling	7-9 yrs	Jan 13	Sa, 12:45-2:15pm (8)	\$77.04	18418
LARPing: The Deer Lake Chronicles	10-13 yrs	Mar 18	M-F, 9am-3pm (5)	\$256.80	18721
<b>Visual Arts</b>					
Art Studio for Kids	7-10 yrs	Jan 16	Tu, 3:30-5pm (8)	\$102.72	17537
Art Studio for Kids	9-12 yrs	Jan 17	W, 3:30-5pm (8)	\$102.72	17548
Blossoming Artists	5-6 yrs	Jan 13	Sa, 1:15-2:30pm (8)	\$85.60	17629
Blossoming Artists	5-6 yrs	Jan 13	Sa, 3-4:15pm (8)	\$85.60	18259
Blossoming Artists	5-6 yrs	Jan 14	Su, 11:30am-12:45pm (8)	\$85.60	19589
Blossoming Artists	5-6 yrs	Jan 14	Su, 1:15-2:30pm (8)	\$85.60	19590
Blossoming Artists	5-6 yrs	Jan 16	Tu, 3:30-4:45pm (8)	\$85.60	19546
Cartooning	6-8 yrs	Jan 15	M, 3:30-5pm (8)	\$102.72	17544
Cartooning	9-12 yrs	Jan 13	Sa, 9:30-11am (8)	\$102.72	17543
Chinese Brush Painting: Beginner & Continuing	8-17 yrs	Jan 14	Su, 1:30-3pm (8)	\$112.72	17545
Drawing	9-13 yrs	Jan 13	Sa, 9:30-11am (8)	\$102.72	17547
Drawing & Painting	6-8 yrs	Jan 13	Sa, 11:30am-1pm (8)	\$102.72	19563
Drawing & Painting	6-8 yrs	Jan 18	Th, 3:30-5pm (8)	\$102.72	19533
Drawing & Painting	9-12 yrs	Jan 18	Th, 3:30-5pm (8)	\$102.72	20964
Drawing, Painting & Collage	6-8 yrs	Jan 14	Su, 9:30-11am (8)	\$102.72	17540
Drawing, Painting & Collage	6-8 yrs	Jan 17	W, 3:30-5pm (8)	\$102.72	19717
Drawing, Painting & Printmaking	9-12 yrs	Jan 19	F, 3:30-5pm (8)	\$117.72	19591
Drawing, Painting & Sculpture	6-8 yrs	Jan 18	Th, 3:30-5pm (8)	\$102.72	19536
Fabric Art Studio	9-12 yrs	Jan 15	M, 3:30-5pm (8)	\$122.72	19509
Painting	9-12 yrs	Jan 14	Su, 11:30am-1pm (8)	\$117.72	17539
Painting	9-13 yrs	Jan 16	Tu, 5:45-7:45pm (8)	\$151.96	17538
Robotix	10-14 yrs	Jan 13	Sa, 2:30-4:30pm (8)	\$151.96	19574
Sculptooning	8-12 yrs	Jan 13	Sa, 2-4pm (8)	\$146.96	19569
Sculpture	9-12 yrs	Jan 14	Su, 1:30-3:30pm (8)	\$156.96	17541
Video	9-13 yrs	Jan 13	Sa, 11:30am-1:30pm (8)	\$156.96	19572



ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
<b>Preschool</b>					
<b>Ceramics</b>					
Clayworks	4-5 yrs	Jan 6	Sa, 9:15-10:15am (8)	\$105.76	18689
<b>Dance</b>					
Creative Dance to Live Music	4 yrs	Jan 9	Tu, 10:05-10:50am (10)	\$128.70	15785
Creative Dance to Live Music	4 yrs	Jan 13	Sa, 9-9:45am (9)	\$115.83	15817
Creative Dance to Live Music	4 yrs	Jan 14	Su, 11-11:45am (8)	\$102.96	15786
Creative Dance to Live Music	5 yrs	Jan 13	Sa, 9:50-10:50am (9)	\$115.83	15814
Creative Dance to Live Music	5 yrs	Jan 13	Sa, 12:15-1:15pm (9)	\$115.83	15808
Creative Dance to Live Music	5 yrs	Jan 14	Su, 1-2pm (8)	\$102.96	15787
Creative Dance to Live Music: Adult Participation	3 yrs	Jan 9	Tu, 9:15-10am (10)	\$128.70	15784
Creative Dance to Live Music: Adult Participation	3 yrs	Jan 14	Su, 10-10:45am (8)	\$102.96	15789
Creative Dance to Live Music: Adult Participation	3 yrs	Jan 14	Su, noon-12:45pm (8)	\$102.96	15788
Spring Break: Creative Dance to Live Music	4 yrs	Mar 18	M-F, 9:30-10:15am (5)	\$64.35	18150
Spring Break: Creative Dance to Live Music	5 yrs	Mar 18	M-F, 10:20-11:20am (5)	\$64.35	18156
<b>Music</b>					
Preschool Music	4-6 yrs	Jan 11	Th, 11:50am-12:35pm (9)	\$77.04	16186
Young Tunes: Adult Participation	3½-5 yrs	Jan 11	Th, 10:55-11:40am (9)	\$77.04	16185
<b>Theatre &amp; Film</b>					
Drama and Storytelling	4-6 yrs	Jan 13	Sa, 9:15-10:15am (8)	\$51.36	18397
Drama and Storytelling	4-6 yrs	Jan 13	Sa, 9:30-10:30am (8)	\$51.36	18408
Drama and Storytelling	4-6 yrs	Jan 13	Sa, 10:30-11:30am (8)	\$51.36	18399
<b>Visual Arts</b>					
Budding Artists	4-5 yrs	Jan 13	Sa, 9:45-10:45am (8)	\$68.48	18255
Budding Artists	4-5 yrs	Jan 13	Sa, 11:15am-12:15pm (8)	\$68.48	18258
Budding Artists	4-5 yrs	Jan 16	Tu, 1:30-2:30pm (8)	\$68.48	19544
Budding Artists	4-5 yrs	Jan 18	Th, 1:30-2:30pm (8)	\$68.48	19549

## Early Years

<b>Music</b>					
Musical Rascals: Adult Participation	2-3 yrs	Jan 11	Th, 10-10:45am (9)	\$77.04	16184



### Private music and voice lessons

We offer quality one-on-one and semi-private instruction in voice, piano, violin, classical guitar, acoustic guitar, electric guitar, bass guitar, upright bass, ukulele, drum set, clarinet, flute and saxophone. Register online at [Burnaby.ca/WebReg](http://Burnaby.ca/WebReg).

For more information, contact Shadbolt Centre. Phone Ryan at 604-205-3031 or email [ryan.clough-carroll@burnaby.ca](mailto:ryan.clough-carroll@burnaby.ca)

### Private speech arts lessons

Private Speech Arts lessons are available for ages 6 years and up. Register online at [Burnaby.ca/WebReg](http://Burnaby.ca/WebReg)

# BILL COPELAND & BURNABY LAKE ARENA ACTIVITIES

Phone 604-297-4521. Activities subject to change. Prices do not include tax. Additional fees may apply. For up to date information, visit [Burnaby.ca/BillCopeland](http://Burnaby.ca/BillCopeland)



Parent & Tot Adult Participation Skating Lessons for kids ages 2-5 years old are available. Our instructors will work with you and your child to develop their basic skating skills using games and activities.

To ensure correct skate level placement, please review your child's latest report card or call 604-297-4521 before the December 14 registration date. Register 3-6 year-olds new to skating for Intro to Gliders.

## Skating lessons

Adult, youth and adapted skating lessons are available during skating lesson times.

Browse preschool and children skating lessons in WebReg. Preschool activities for children ages 3 to 6 years old include Intro to Gliders, Gliders 1 to 5 and Parent and Tot Lessons. For children 6 to 12 years old, Blades 1 to 8 skating lessons are offered on various days and times.

Select an age category under 'Activities' and click the category for Skating. Filter lessons by facility using the drop-down selection menu. You can only register for one lesson set at a time. Visit [Burnaby.ca/WebReg](http://Burnaby.ca/WebReg)

## New!

# Online activity registration system

Re-activate your account and explore activities.

**Note:** With our new WebReg system, the City will be sending email communications from [CityofBurnaby@active.com](mailto:CityofBurnaby@active.com)

Spend less time online and more time being creative.



Learn more: [Burnaby.ca/WebReg](http://Burnaby.ca/WebReg)





## GET YOUR START HERE:

# WE'RE HIRING

Start a rewarding career with the City of Burnaby and make a difference in your community. We're hiring recreation clerks, recreation leaders, contract instructors, aquatic staff and building service workers. Be a part of providing facilities and services that support a safe, connected, inclusive, healthy and dynamic community.

[Burnaby.ca/Careers](http://Burnaby.ca/Careers)



# YOUTH CENTRES

Activities subject to change. Prices do not include tax. Additional fees may apply.  
For up to date information, visit [Burnaby.ca/Youth](https://Burnaby.ca/Youth)



Creekside 604-294-7607

Edmonds 604-297-4841

South Central 604-297-4497

Summit 604-268-1369

ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
<b>Creekside</b>					
<b>Youth</b>					
Pro-D Day Camp: Laser Tag	10-12 yrs	Feb 16	F, 9am-3pm (1)	\$40.00	19734

## Edmonds

See page 40-41 for youth activities at Edmonds.

## South Central

<b>Youth</b>					
Pro-D Day Camp: Pizza & Pool	10-12 yrs	Feb 16	F, 9am-3pm (1)	\$40.00	18668
Youth Leadership Certificate Course	14-18 yrs	Jan 18	Th, 5-7:30pm (11)	\$395.00	18616
Youth Leadership Certificate Course Orientation	14-18 yrs	Jan 11	Th, 5-6pm (1)	No Fee	18629

## Summit

<b>Youth</b>					
Castle Fun Park	10-14 yrs	Mar 27	W, 10am-4pm (1)	\$55.00	20980
Pro-D Day Camp: Pizza & Pool	10-12 yrs	Feb 16	F, 9am-3pm (1)	\$40.00	18665
Youth Leadership Certificate Course Orientation	14-18 yrs	Jan 10	W, 5-6pm (1)	No Fee	18652
Youth Leadership Certificate Course Orientation on ZOOM	14-18 yrs	Jan 10	W, 6:30-7:30pm (1)	No Fee	18663



## Free activities for grades 5-12

Youth have access to wifi, computers, gaming systems, pool tables, foosball tables, open gym nights, card and board games, TV and more at Burnaby's youth centres!  
For schedules, visit: [Burnaby.ca/Youth](https://Burnaby.ca/Youth)

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is an exciting, fun and rewarding Olympic sport

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- ♦ equipment rental available
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  - Bill Copeland Sports Centre**
  - Tuesdays 6-7:30pm
  - Saturdays 2:30-3:30pm
- ♦ [BurnabySpeedSkating.ca](http://BurnabySpeedSkating.ca)



**Join us for a 3 session trial for only \$50**



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604-432-1323  
info@bflp.org  
www.bflp.org  
6060B Marlborough Ave, Burnaby.

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**JANUARY TO MARCH 2024**  
open to 2011-2017 born players of all abilities who are seeking technical development and small sided game training





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[www.monarchdentalcentre.com](http://www.monarchdentalcentre.com)

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Orthodontics: 604-434-9060

**Port Moody**  
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Orthodontics: 604-431-9160

**Surrey**  
Pediatrics: 604-585-4980  
Orthodontics: 604-589-9160

**Vancouver**  
Pediatrics: 604-419-4980  
Orthodontics: 604-876-9060

@MonarchDental  
Monarch Pediatric Dental Centre



- Information & research services
- Downloadable audiobooks and e-books
- Online news, research, language learning and career resources
- Personalized reading suggestions
- Books in accessible formats and delivery to residents who qualify



 Burnaby Public Library

[bpl.bc.ca](http://bpl.bc.ca) | 604-436-5400



## INDOOR YOUTH CYCLING PROGRAM

**FUN AND ACCESSIBLE PROGRAMS FOR YOUTH EXCITED TO EXPERIENCE THE THRILL, THE SKILL, AND CAMARADERIE OF VELODROME CYCLING.,**

For the past 25 years, the Burnaby Velodrome Club has helped aspiring cyclists learn to ride the velodrome.

Complimentary bicycles and helmets are available for all participants, and Cycling BC-trained NCCP Club coaches lead each session. Participants who self-assess as HopOn Level 4+ are ready to try the velodrome.

Thanks to Sport Canada Funding, complimentary van shuttle services are available this autumn for four cohorts. Schools and community centres can partner as after-school pickup locations for our Thursday beginner session. Participants can then graduate to Wednesday & Friday sessions.

LEARN MORE @  
[BURNABYVELODROME.CA](http://BURNABYVELODROME.CA)



# Beginner Kids' Judo Class

- Fun and Safe
- Respect
- Discipline
- Challenging
- Breakfalls
- Throwing
- Hold Downs
- Escapes
- Self Defense
- Self Respect
- Dynamic



All instructors are  
Certified Black Belts  
and NCCP certified

Judo is a fun and healthy sport for kids that teaches discipline, instills confidence and improves coordination and physical strength

**TRY JUDO TODAY!**

*Ages 6 and Up*

*For more information, visit*

**[www.burnabyjudoclub.com](http://www.burnabyjudoclub.com)**



Join Us

*Since 1964*



**Location: Bonsor Recreation Complex**

**Phone: 778-772-8885**

**Social Media: [Facebook.com/BurnabyJudo](https://www.facebook.com/BurnabyJudo)**

**[BurnabyJudoClub.com](http://BurnabyJudoClub.com)**



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**New!**

# Online Activity Registration System

Get ready now for winter registration!

Re-activate your account, explore activities and create a Wish List.

Spend less time online and more time being active.



## New features:

Simple login using your email and a password



Personalized calendar



Improved filter & search



Wish List feature for future registration



**Note:** With our new WebReg system, the City will be sending email communications from [CityofBurnaby@active.com](mailto:CityofBurnaby@active.com)



Learn more:  
[Burnaby.ca/WebReg](https://Burnaby.ca/WebReg)

